

RN NEWS

THE NEWSLETTER OF THE AMERICAN RADIOLOGICAL NURSES ASSOCIATION

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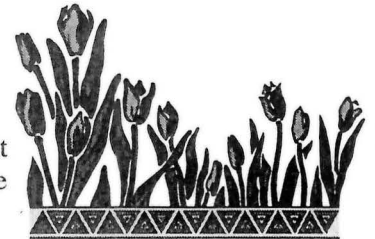
**THE DEADLINE
FOR
SUBMITTING
INFORMATION
FOR THE NEXT
ISSUE IS
JUNE 25, 2001**

OF PARTICULAR INTEREST:

If you enjoyed reading "Larrimore's Top Ten List of Reasons to Become a CRN" in the last issue of *RN News*, be sure to look at page 4 for the second installment!

PRESIDENT'S CORNER

Spring has arrived and flowers are blooming. With that comes hope for new growth and life - a change that we perceive as positive.



Change can, however, be stressful! We experience it daily in little interruptions in our routines. Then we have the changes in our organizations where we work that may directly impact the way we practice Nursing or the structure that provides our organizations' functional capacity. We have change in our personal lives. People come and go in the web of our lives - sometimes we understand the influence they have had on us, but often we may not have an inkling until years later when we reflect on a particular outcome. As difficult as change is, though, as we "live" it, we can most often find some good that has evolved from the process.

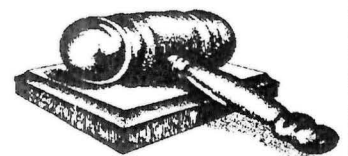
I bring this topic to you as I am aware that there is some membership concern regarding the effect of the recent ARNA bylaws changes which limits our current educational meetings to one annually - to be held in conjunction with the Spring SCVIR meeting. Plans for the annual meeting and educational program for 2002 to be held in Baltimore had already begun before this year's program in San Antonio had been completed! Discussions to ensure a broad-spectrum educational experience are in process, which will include, but not be limited to, breakout sessions covering diagnostic topics such as CT, MRI, Nuclear Medicine, Mammography, and Radiation Oncology.

The ARNA Education Committee and the Board of Directors are sensitive to the membership needs and will do their very best to provide an all-encompassing educational experience. If you have suggestions for topics to be considered or speaker recommendations, please contact us through the ARNA office.

As a *tidbit*, if you have not had the opportunity to read the book "Who Moved My Cheese?" by Spencer Johnson, MD, I would highly recommend it. It's very small, takes about an hour to read and provides a unique insight into the change process that you might find helpful in both your professional and personal lives.

And lastly, remember that we as nurses can be very effective change agents. We are as empowered as we choose to be so.....**GO FOR IT!**

Colleen M. Sasso, RN, BSN, CRN
President, ARNA



Certification Examination For Radiologic Nursing

Passing Candidates - February 24, 2001



Maryann Brown, New Jersey
Dinah Burnett, North Carolina
Celma Capuz-Weaver, New Jersey
Kathleen Casey, Florida
Janet DiAmico, New York
Kathryn Farnsworth, Utah
Julie Ferraro, Illinois
Connie Flores, Washington
Cynthia A. Gould, Pennsylvania
Virginia Govindavari, New York
Debra Graves, Illinois
Charles L. Griffin, New Jersey
Wilma A. Guilbeau, Kansas
Andrea B. Humphries, Alabama
Joan Humulock, Maryland
Linda M. Kinnee, Washington
Mary M. Kramer, California
Deborah Lamont, Virginia
Lori A. Malady, Maryland
Jane H. Mitchell, Virginia
Debra Parnell, South Carolina
Anne M. Patterson, Pennsylvania
Mary E. Rolston, Montana
Mark S. Rose, Tennessee
Fiona Savard, Washington
Judy A. Smith, Maryland
Jeannine K. Stowell, New York
Mark M. Sydlo, New Jersey
Dorothea M. Toumeh, Pennsylvania

The Best Belong At Baylor

Year after year, Baylor University Medical Center in Dallas, Texas, is ranked by US News and World Report as one of the Best Hospitals in America for developing and providing cutting-edge medical services. We are currently recruiting Registered Nurses for Diagnostic Radiology.

DIAGNOSTIC RADIOLOGY RNs

Qualified individuals must have radiology or critical care experience. ACLS strongly preferred. Daytime hours, 8:00 am - 4:30 pm with some call.

One of the nation's best hospitals also has one of the best benefits packages. Choose the benefits you desire from our BaylorFlex menu. Options include medical/dental/life insurance, disability, retirement annuities, tuition reimbursement, credit union, free parking and more. We also offer discounted health club memberships and interview and relocation expense reimbursement. Plus, if you're joining us from a VHA member hospital, many of your benefits come with you. More reasons why, "The Best Belong at Baylor."

Please send resumes to:

Employment Opportunities, Attn: VHP
Baylor University Medical Center • 3500 Gaston Ave. • Dallas, TX 75246
Fax: (214) 820-3068 • Phone: 1-800-4Baylor
E-mail: Careers@BaylorDallas.edu

You may also submit an online application at:
www.baylorhealth.com/jobs



**BAYLOR UNIVERSITY
MEDICAL CENTER**

"You Belong at Baylor."

chapter news

Empire State Chapter

An informative meeting was held at the University of Rochester Medical Center in the Department of Radiology. Per-Lennart Westesson, M.D., Ph.D., D.D.S. and a Professor of Neuroradiology presented "Vertebroplasty". We are looking forward to setting up another lecture on the Pet Scanner in the near future. Anyone in upstate New York who would like to join us please do not hesitate to contact Pat Doohan, RN by e-mail: gdoohan1@rochester.rr.com and we will get more information to you.

Chris Keough RN, President

chapter news

New Jersey Chapter

On Saturday May 6 the Spring Education Program was planned to be held at Mountainside Hospital. Topics to be covered are "Stereotactic Radiosurgery", "Stents and Aortic Stent Grafts", "Mammography", and "3-D Ultrasound". A rewarding day is anticipated; cash door prizes should prove to make it even *more rewarding* for some lucky attendees!

submitted by Linda Strangio, Treasurer
and Charlene Wanklin
co-Hosts of the Spring Educational Program

from the Editor's desk

Eleven years: different types of non-ionic contrast, new generations of antibiotics, laser printers, voice recognition systems, voice mail, scanning of documents and xray films, CT scans seemingly at the speed of light, Team Leaders, an expanding Ultrasound department, direct deposit of payroll checks, hand held wands to change fluoro screens, equipment that spins 360 degrees to see all angles, shrinking technological staff, new faces, exiting faces, use of computers for daily functions, e-mail. These are some of the changes I have seen since I joined the Department of Diagnostic Imaging 11 years ago. I was promised that my role as a nurse in an expanding Interventional Radiology Department would change over time - and has it ever! How can anyone get bored working in this specialty - the change is constant! We also have a Special Procedures room with a seven figure price tag; expansion of Specials Technologists from one to four; CT and MR angio; virtual Cardiac Cath in MR and CT, without the catheter.

Two weeks ago I spoke about Interventional Radiology and Special Procedures to yet another group of RN orientees at my hospital. I tried to help them to understand why, when they call Diagnostic Imaging, they might have a tough time getting an accurate answer to their questions. Today I had the experience of calling EEG from the Imaging Center (across the street) to request that "their nurse" accept the child who remained asleep, sedated after his MRI. His parents and I hoped to coordinate things so that he would not have to be sedated on another day for his EEG. Guess what? There is no longer a nurse in EEG - now they don't want the kids sedated! It is difficult enough for those of us working in the area to keep up with things; walls going up and down, new names for complex equipment, how to do things bigger-better-faster; how to keep patients satisfied; growing and/or changing hospital affiliations. How can we explain the speed of these changes to an outsider? I know I must have sounded like I was apologizing for the department but I really was using RN Orientation as an excuse to blow our horn about what we do. Dialysis catheters, thrombolysis via powerful pharmacologic agents, "glue" for cerebral use, cerebral coiling, vertebroplasty, new ideas, new ideas, new ideas! The hours are long. We meet new people every day. Each new Radiologist brings different experiences and new procedures which challenge our skills and make us question our self-confidence. This is what technology is all about, folks! This is the future. I have seen the past eleven years go speeding by and I can hardly wait to see what is over the horizon!

Helen O'Daly RN, BSN, CRN

- editor

committee update

Nominating Committee

Keep your eyes open to **Images** for the "Call for Nominations" and the Nomination Form.

This year we will be seeking nominations for the following positions: President-Elect, Treasurer, Board Member and a Nominating Committee Member. The "Call for Nominations" in **Images** will give you information about the different positions. If you are interested in any of these positions and you would like any other information please do not hesitate to contact the ARNA office 630-571-9072 and ask for an informational packet.

- submitted by Patricia Doohan, Chairperson
Nominating Committee.

RN NEWS

**RN NEWS IS
PUBLISHED
QUARTERLY TO KEEP
ARNA MEMBERS
BETTER INFORMED**

Send submissions and comments to:

Helen O'Daly RN, BSN
Editor, RN News
276 Dallas Road
North Brunswick, NJ
08902

H.: (732) 422-4020
nwheels@prodigy.net
work fax: (732) 744-5523
W.: (732) 744-5530

Editorial Staff:

Wendy Bommer, RN, BSN
Cincinnati, Ohio

Julie McNay, RNC, BS
Cincinnati, Ohio

Donna Corman, RN
Chesterfield, Missouri

*Please note the address
for the purpose of
conducting business
with ARNA:*

820 Jorie Blvd.
Oak Brook, IL 60523



CRN.....Gotta Have It! Part Deux

submitted by Joann Stevens, RN, CRN

Top Ten Ways to Prepare for the CRN Exam

Way Number 10: Become active in your local ARNA chapter. If you don't have one, start one. If it's floundering, revitalize it.

Way Number 9: Pick the brains of your Rads. You manipulate them on a regular basis; this is just another application of the same procedure.

Way Number 8: Reeceeeeeead **Images!**

Way Number 7: Get your Boss to spring for a copy of the Core Curriculum (\$75.00, available from ARNA) and use it.

Way Number 6: Go to [http:// www.arna.net](http://www.arna.net)

Way Number 5: Write and submit questions to the RNCB..... we love the help.

Way Number 4: Do it with a friend. Two heads are better than one and everyone knows that 2 Radiology Nurses are as productive as 3.76 of any other kind of nurse. (I made that up but it's true.)

Way Number 3: Watch **ER**. It doesn't really help prepare for the exam but it sure explains our patients' perceptions of health care.

Way Number 2: Take advantage of continuing ed – ours, the Tech's, the Rad's. Better yet, volunteer to teach something. Nothing makes you prepare harder than being "the expert" and "on the spot."

And the Number 1 Way to prepare for the CRN exam: Just go to work – it's all there; really it is.

CRN exams are offered twice a year – February and August. Applications may be obtained from and test questions submitted to:

RNCB Examination
Professional Testing Corporation
1350 Broadway – 17th Floor
New York, New York 10018

Or on line: www.ptcny.com

RADIOLOGY NURSE Helpline
PLEASE CONSIDER SHARING YOUR KNOWLEDGE AND EXPERIENCES
WITH YOUR COLLEAGUES

I am searching for some information on sedation medications that work well for the older child between the ages of 5 and 17, and also children with developmental delay problems. We most generally use oral meds which are not always effective for these patient populations. Any suggestions would be appreciated.

Terri Ranson, RN

cranson@citynet.net

Fax # 304-348-3958



I have a question that I would like to hear responses from radiology nurses all over the country.

The last two years, we have not been able to attend SCVIR or RSNA due to the lack of educational funds. Our hospital has an "integrity policy" that will not allow vendors to donate money to an Interventional Radiology Education fund. Their reasoning is "why should IR have a special fund and not anyone else in Radiology?" The hospital does not have any other educational fund for us. As many of you know, these conventions are quite costly with airfare, hotel, registrations fees etc. - and we have to take our own vacation days to go.

What are other hospitals doing for educational funding for their employees? I'd love to hear what is going on around the country and ideas to help us.

Jan Freiburger, RN, LesFrei@aol.com

