



VOL 7, NO. 2  
SUMMER 2002

# arna *RN News*

## President's Message

Kathleen A. Gross, MSN, RN, BC, CRN

### Changes

Perhaps some of you have read an essay by Brad Tipler, MD, on radiology, or should I say, more correctly, on the culture within the radiology department. I remember reading a little about Dr. Tipler on a scrap of paper that was floating around the department one day and then finding a copy of his book, *Fog: A Collection of Backscatter*, at a national radiology meeting. The book provided entertainment for my long wait at the airport and all the way home. I actually thought about giving the book to a radiologist I know, but I could never part with the book as I have enjoyed reading some essays over again. Some of the essays were funny, some sad but all made me stop and think about the little things in life. One of my favorites is entitled "The More Things Change, the More They Change." Dr. Tipler wrote about what interventional radiology was when he was a first year resident and then what it was as he began private practice. He also talked about how people react to change. Dr. Tipler stated, "They (radiologists) are always finding new ways to do old procedures as well as create solutions to problems previously thought insurmountable."

As I entered my year as President of ARNA, change was inevitable. The Society of Cardiovascular and Interventional Radiology (SCVIR) became the Society of Interventional Radiology (SIR). ARNA's management was assumed by a new association management company. Some volunteers announced their decision to step aside and allow other volunteers an opportunity to serve ARNA. One Board member would be leaving her position and two new Board members would be joining the existing Board (and so forth). It was with regret that I learned Helen O'Daly, BSN, RN, CRN, had resigned as editor of *RN News*. Helen did an incredible job improving ARNA's newsletter. She incorporated new ideas for columns and gave the members a chance to write in questions directed to other members. Helen worked with the authors and always gave us another day to meet those inevitable deadlines. In the fall 2000 issue of *Images*, Helen

wrote an article entitled, "Just What do Those Radiology Nurses do All Day, Anyway?" Of course, we all know what we do and we know what Helen did with her free time, volunteering as editor for *RN News*. We all owe Helen our sincere thanks for all her fine efforts and her ability make the changes dictated by need.

So, at first I thought, "Who will help with *RN News*?" Fortunately, my search was short-lived. It is my pleasure to introduce Susan Simpson, MSN, RN, as the next editor for *RN News*. Susan wrote the two-part article entitled, "The Effects of Self-Selected Music on Anxiety Levels and Movement of Patients Undergoing Magnetic Resonance Imaging," published in the spring and summer 2000 issues of *Images*. Susan's editorial appears in this issue of *RN News*. It is important for all ARNA members to keep the information flowing to Susan and staff so that *RN News* flourishes. Please submit chapter news, members' accomplishments, educational meeting announcements, or whatever you think might be appropriate for *RN News*.

The second most dramatic change in *RN News* is, of course, its appearance. It was time to update the look of *RN News* and to change its format. The ARNA

(Continued on page 8,

AMERICAN  
RADIOLOGICAL  
NURSES ASSOCIATION

7794 GROW DRIVE  
PENSACOLA, FL 32514

(866) 486-ARNA (2762)

(850) 474-7292

FAX (850) 484-8762

arna@puetzamc.com

www.arna.net



## From the Editor's Perspective

I hope you enjoy the new face of *RN News*. The ARNA Board of Directors, Shay Stephens, the Publications Manager at Puetz & Associates, and I are dedicated to bringing you a relevant and informative newsletter. Our goal is to present articles and information that is pertinent to you, the radiology clinician, as well as collect data that are germane to our practice. To achieve this goal we need your contributions. Suggested topics to be included in this quarterly publication include:

- ❖ Conference information relevant to radiological nursing
- ❖ Information on contact hour offerings
- ❖ JCAHO tips
- ❖ Skill lab sharing

- ❖ Job opportunities
- ❖ Ask the experts (each other)
- ❖ Data collection forum
- ❖ Chapter news
- ❖ Journal reviews

We encourage you to contribute your thoughts, ideas, opinions, and passions. Please submit all contributions to the *RN News* via e-mail at [simpsonjs@cox.net](mailto:simpsonjs@cox.net). We look forward to receiving your articles.

Sue Simpson, MSN, RN  
Editor, *RN News*

## Treasurer's Report

I am pleased to share with you some highlights of the 2<sup>nd</sup> quarter financial positions for ARNA and ARNA Education & Research Foundation, ending March 31, 2002. ARNA's 2<sup>nd</sup> quarter activity appeared to be in line with the same period last year with a couple of exceptions. The Deferred Expenses and the Accounts Receivable were both higher than the same period last year. This is because of the timing of our Annual Educational Meeting that fell in April. At the completion of the 2<sup>nd</sup> quarter 2002, the net assets for ARNA and ARNA E&R were both higher than last year's of the same period. Thanks to the commitment and hard work of the Board of Directors, National Office staff, and our membership.

Budget preparation for the fiscal year of 2003 will be underway in the next month or two. The Board continues to commit to fiscal

responsibility. As we entered into a new management contract with Puetz & Associates and the relocation of our National Office, we will incur additional expenses. Much work lies ahead. We believe partnering with Puetz & Associates will help us achieve ARNA's goals. We are in the process of renewing memberships as well as recruiting new members. I urge each of you to continue your commitment and contribution and to make ARNA one of the best specialty nursing organizations.

Sophia Jan, BSN, RN  
Treasurer

## Salt Lake City Site for 2003 Educational Meeting

Salt Lake City will host the 2003 ARNA Educational Meeting, March 28-April 1, 2003. Salt Lake is a city of vitality, contrasts, and surprises. It is a mixture of modern high-rise commercial centers, noted attractions, historic sites and classic buildings, first class accommodations, and fine dining establishments.

The area enjoys four distinct seasons. Spring, during the time of the conference, is mild and green, with excellent skiing in the mountains and golf in the valley.

There are a variety of attractions, amusement centers, and unique places. Enjoy animal antics and winged wonders. Enjoy a sunset dinner cruise on the Great Salt Lake. Experience a multi-media star show. Travel back in time as you tour an authentic pioneer village. Learn about dinosaurs, history, or mining.

Find out more about Salt Lake City at  
[www.vistsaltlake.com](http://www.vistsaltlake.com)

### Shopping

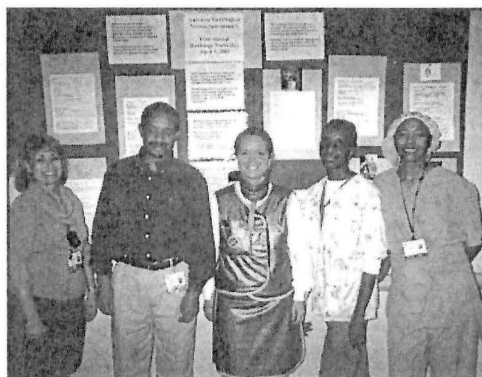
There are two large malls in the area. Crossroads Plaza and the ZCMI Center Mall are just south of Historic Temple Square. Trolley Square, a historic mall located in renovated trolley-car barns, is near downtown.

We look forward to seeing you in Salt Lake City!

# Happy Birthday, ARNA

The American Radiological Nurses Association (ARNA) announced its 20<sup>th</sup> birthday in the fall of 2001. The celebration included the creation of the first Annual Radiology Nurses Day to be observed on the second Tuesday of April.

The Saint Joseph's Hospital of Atlanta Radiology Nurses decided to join in the celebration. The day was observed by creating an education board on display in the main hallway of the radiology unit. The purpose of the board is to educate patients, physicians, and staff to the role and functions of the radiology unit. The board was on display through May during the celebration of Nurses Week and Hospital Week.



*Pictured are (left to right) Paulette Snoby, PI/ED Specialist; Richard Elliott, Nurse Coordinator; Lina Gendler; Merryana Gayle; and Eddie Allen. Nurses missing from the picture are Keelin White, Bethany Poole, Ebba Clark, Frank Couvillon, and Gigi Wiggins.*

ARNA began as a dream of nurses who officially met in 1981 and incorporated in 1983 in Maryland. Since that time, ARNA has developed a newsletter, professional journal (*Images*), standards of care, clinical guidelines, core curriculum, and state chapters.

Radiology nurses may now take the certification examination for Radiologic Nursing in Imaging, Interventional, and Therapeutic Environments to obtain the CRN designation. Radiology nursing is recognized as a specialty nursing organization throughout the nursing specialty communities and the world. ARNA has representatives from various nursing specialties and liaisons to numerous healthcare organizations.

Paulette Snoby, RN  
ARNA Board of Directors

## Editor's Award Renamed

Each year the Editor's Award, chosen by *Images* Editorial Board, is given to the author of the article that best provides education or promotes the profession of radiology nursing. In June 2002, The ARNA Board of Directors renamed the Editor's Award the Linda Strangio Editor's Award.

### ARNA Mission Statement

The American Radiological Nurses Association's goals are to provide, promote, maintain continuity of and continuously improve patient care through education, standards of care, professional growth, and collaboration with other healthcare providers.

### American Radiological Nurses Association (ARNA)

Board of Directors

2002-2003

#### President

Kathleen Gross, MSN, RN, BC, CRN  
Greater Baltimore Medical Center  
Towson, MD  
rgross@comcast.net

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Chapel Hill, NC  
klittle@unch.unc.edu

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Department of Veterans Affairs Medical Center (DVAMC)  
San Francisco, CA  
cmsasso@aol.com

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University of Michigan Health System  
Department of Radiology  
Ann Arbor, MI  
sjan@umich.edu

#### Secretary

Delma Armstrong, BSN, RN, CRN  
University of North Carolina  
Hospital and Clinics  
Chapel Hill, NC 27514  
darmstro@unch.unc.edu

#### Board of Directors

Lynn E. Reid, MSN, RN, CRN  
Bio-Imaging Technologies, Inc.  
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4bsargent@msn.com

Paulette Snoby, MPA, BSN, CCRN, RN  
St. Joseph's Hospital  
Atlanta, GA  
psnoby@sjha.org

#### National Office

7794 Grow Drive  
Pensacola, FL 32514-7072  
Toll Free: (866) 486-ARNA(2762)  
(850) 474-7292  
FAX: (850) 484-8762  
arna@puetzame.com  
Web site: www.arna.net



# Call for Nominations

Colleen M. Sasso, BSN, CRN  
Chair, Nominating Committee

ARNA needs a few good nominees! So here is your opportunity to serve your professional organization.

The Nominating Committee would like to encourage you to run for an elected position for ARNA. This opportunity opens the door for your professional and personal growth. Serving in an elected position for ARNA provides a multitude of ways in which to network with members, to be a voice for ARNA in educating the healthcare arena about radiology nurses, and to work with dedicated professionals to advance our nursing specialty. Actively participating in shaping the future of your professional organization is truly an awesome experience!

We are seeking nominations for the following positions:

- ❖ President-Elect
- ❖ Secretary
- ❖ Board Member
- ❖ Nominating Committee

As an elected officer of ARNA, you attend three Board meetings during the year as well as a Board meeting and the annual business meeting held at the time of the annual educational meeting in the spring in conjunction with the Society of Interventional Radiology (SIR [formerly SCVIR]) meeting. Elected officers also participate in conference calls as required by the President.

If you are interested in any of these positions, we encourage you to contact the ARNA National Office for an orientation packet. This will provide you with further information regarding Board meetings, expenses, and your time commitment. Please review this information and seriously consider a compellingly rewarding experience as a first-line representative for your organization. If I can be of any assistance in answering your individual questions, please do not hesitate to contact me through the ARNA National Office.

The following criteria are needed for the elected positions. Each officer of the Association shall have been an active member of the Association for a minimum of one year preceding nomination and must continue active membership throughout his/her service as an officer. In addition, the President-Elect should have served at least one year as a member of the Board of Directors or served as a chairperson of an ARNA national committee for a minimum of one year prior to nomination.

**President-Elect** – This position is a two-year commitment. As President-Elect, your first year is spent working closely with the President. It is a year in which you are mentored to understand the comprehensive role of the President. This position would also require you to assume the role of the President in the event he/she was unable to complete the elected term. The second year the President-Elect assumes the role of President by acting as the presiding officer of the Board of Directors and assuming the general

supervision over all business affairs of the Association. Travel is required and expenses are reimbursed as set by ARNA policy.

**Secretary** – This is a two-year commitment. Responsibilities include the recording of all business meetings of the Board of Directors and all membership meetings of the Association. The secretary is responsible for all official correspondence of the Association and to preserve correspondence, records, and reports in a permanent file. Travel is required and expenses are reimbursed as set by ARNA policy.

**Board Member** – This is a three-year commitment. Board members direct the business and financial affairs of the Association, establish administrative policy, and foster the growth and development of the Association by implementing ARNA goals and engaging in strategic planning. Board members serve as liaisons to ARNA committees as designated by the President. Travel is required and expenses are reimbursed as set by ARNA policy.

**Nominating Committee Member** – This is a two-year commitment. The Nominating Committee oversees the nominating procedure, solicits and screens applicants to be accepted for nomination, and presents a slate of candidates to the membership for voting. Members of the Nominating Committee are not eligible to be named on the slate presented while serving on the committee. Travel is not necessary. This work can be accomplished via telephone, fax, e-mail, or mail.

For additional information and assistance, please contact the ARNA National Office at (866) 486-ARNA (2762) toll free or (850) 474-7292 or via e-mail at [arna@puetzamc.com](mailto:arna@puetzamc.com). You may also contact a member of the Nominating Committee. Your nomination form must be postmarked no later than October 7, 2002. Please have your nomination form completed and a personal statement consisting of the following:

- ❖ How you are qualified to hold your requested office?
- ❖ Cite reasons for your candidacy.
- ❖ Describe your future goals and/or your vision for ARNA.

**This statement must be 200 words or less.**

A current passport-type photo must also be included.

### Certification Examination for Radiologic Nursing in Imaging, Interventional, and Therapeutic Environments

Certification Candidates - February 23, 2002

Congratulations to the following candidates who sat for the Certification Examination held February 23, 2002. They have become certified, and may now use the CRN designation until February 2006.

Jan F. Baily	Debbie J. Dorsey	Christy L. Hutchings	Katie M. Rush
Ruby A. Ballesca	Jacqueline Dwyer	Ellonora C. Isaac	Denise M. Ryan
Patricia Baumgarten	Charlene J. Fong	Tomina M. Kinzie	Victoria Sica
Sherry L. Bontrager	Lara E. Fritz	Marie E. Lilly	Joanne T. Small
Susan L. Brydges	Charlotte Gasperlin	Estellita Mansukhani	Patricia R. Stevens
Jan F. Buck	Kathleen M. Glaspey	Joanne K. Markovich	Margaret A. Strabel
Renee L. Burgess	Stuart D. Glenn	Tamara A. Martin	Leonora C. Sumodobila
Maureen A. Caspare	Diane M. Guler	Deborah L. McCullough	Marjorie P. Sytsma
Jenny S. Chai	Jilann J. Hauge	Donna M. O'Toole	Wendy R. Tobiasz
Carol A. Chilcote	Sara F. Hawkins	Josephine Oberweiser	Jean A. Whitmire
Lori A. Chovanak	Karen L. Hernandez	Wanda L. Radford	Patricia Woods
Patricia A. DeJoy	Inez R. Hunt		

### Certification Examination for Radiologic Nursing in Imaging, Interventional and Therapeutic Environments

Recertification Candidates - February 23, 2002

Congratulations to the following CRNs who became re-certified by passing the certification examination held on February 23, 2002. This recertification is in effect until February 2006.

Jolene E. Andre	Donna A. Corman	Margaret A. Nimmick	Carol A. Spencer
Ellen F. Barnes	Brenda K. Donaldson	Maureen V. O'Brien	Kim M. Tucker
Teresa E. Bateman	Kathleen A. Donnett	Ann M. O'Hara	Lois E. Tufton
Rita M. Bevans	Nancy A. Driscoll	Joy J. Parker	Judith M. Underwood
Donna M. Blaskopf	Julie D. Harrington	Christi Piernikowski	Mary E. Vanpelt
Janet M. Bodlovic	Ramona F. Lynd	Catherine M. Salavec	Pamela J. Vlahakis
Mary E. Boever	Karen Ann Magaletta	Kathy J. Scheffer	Roy E. Wohleb
Karen M. Bohnenberger	Kathleen McIntosh	Nancy E. Siclare	Sheila H. Young
Jill C. Brennan-Moore	Mary J. McLaughlin	Judy A. Simons	Judy A. Zona
Shelby H. Bryan	Theresa Murphy	Mary E. Smiell	
Diane M. Castronuovo	Ruth A. Murray		

## Radiology Resources

- ♦ The Food and Drug Administration's Center for Devices and Radiological Health (CDRH) presents a new educational program aimed at healthcare professionals and centered on patient safety issues. For more information, see <http://www.nursingworld.org/news/annews.htm#CDRH>

& Analgesia by Non-Anesthesiologists." For more information, see [www.anesthesiology.org](http://www.anesthesiology.org). Click on "ASA Practice Parameters," Volume 84, Number 2, Page 459, (February 1996).

- ♦ The American Society of Anesthesiologists, Inc., has an excellent guideline about sedation titled "Practice Guidelines for Sedation

If you would like to submit an item for the Radiology Resources section, please send it to Susan Simpson, Editor, [simpsonjs@cox.net](mailto:simpsonjs@cox.net)



## Call for Journal Editor

ARNA is seeking an Editor for its journal, *Images*. Articles in *Images* focus on the practice of radiological nursing, including areas of education, administration, research, patient care, and case studies.

The journal Editor will plan, direct, and evaluate all material and editorial content of the journal. The journal Editor will work closely with the Editorial Board to solicit and publish high-quality articles on topics of interest to radiological nurses. The Editor will be responsible to the ARNA Executive Board through the Executive Director. Administrative support will be provided by the ARNA National Office staff.

Qualified applicants will have strong organizational skills and demonstrated writing and editing abilities. He/she will also have

clinical expertise in radiological nursing and will be aware of the issues and trends in the nursing profession.

Individuals interested in applying for this position should contact the ARNA National Office.

Call for Editor  
ARNA National Office  
7794 Grow Drive  
Pensacola, FL 32514  
Toll free 866-486-ARNA (2762)  
850-474-7292  
Fax 850-484-8762

## Call for Journal Editorial Board Members

ARNA is seeking Editorial Board members for its journal, *Images*. Editorial Board members are responsible for editorial review of manuscripts for publication in *Images* and for assisting the Editor as assigned.

Editorial Board members are appointed to one-year terms. Terms may be renewed up to a maximum of 5 consecutive years. Editorial Board members report to the Editor of *Images*.

Editorial Board members must meet the following qualifications:

- ❖ Registered professional nurse.
- ❖ Experience: radiological practice in areas of education, practice, advocacy, administration, or research sufficient to develop considerable expertise in the area.

- ❖ Writing: Documented writing ability as evidenced by publication.
- ❖ ARNA involvement: Membership for a minimum of one year.

Editorial Board members review manuscripts for relevance and accuracy and make recommendations to the Editor about revisions to submissions. Editorial Board members also promote the journal and mentor novice authors.

If you are interested in being on the *Images* Editorial Board, please contact the ARNA National Office.

## Core Curriculum Call for Editor

ARNA is seeking an Editor for the ARNA Core Curriculum. The Editor will collaborate with staff in the ARNA National Office to plan, direct, and evaluate all phases of the development and publication of the Core Curriculum. The Editor will be responsible to the ARNA Board of Directors through the Executive Director. Administrative support will be provided by the ARNA National Office staff.

Qualified applicants will have strong organizational skills and a commitment to the development of a Core Curriculum. The Editor

should also have clinical expertise in radiological nursing and be aware of the issues and trends in the nursing profession.

Individuals interested in applying for this position should contact the ARNA National Office.

**ARNA now has a toll-free number:  
866-486-ARNA.**

# Vascular Summit on the Horizon

Leslie Woodward, BSN, RN  
Member, ARNA

During the SCVIR (now SIR) convention in Baltimore, MD, April 2002, a meeting occurred whose potential outcome should be of interest to all of those who treat patients with peripheral vascular disease (PVD). A task force of eighteen individuals from various backgrounds set out to create the foundation and goals for a multidisciplinary vascular summit. Kathleen Gross, MSN, RN, BC, CRN, the current ARNA president, and I were privileged to be the only two nurses attending the meeting. We took the opportunity to share our perspective on tackling the creation of an association focused on the education and awareness of PVD.

This August, a coalition of interested professionals will come together to create "a broad, coordinated national approach" to promote PVD

education and awareness. Twelve organizations ranging from interventional radiologists and cardiologists to podiatrists have been invited. Two nursing organizations, ARNA and the Society for Vascular Nursing (SVN), have also been invited to participate. This meeting will foster the collaboration of all the various specialties dealing with PVD and focus our energy on satisfying the demand for education and awareness. I will keep you informed on the outcome of this vascular summit.

## Announcing the Name the Newsletter Contest

We're looking for a new name for *RN News*. The name should be one (or two) words that capture the essence of ARNA.

The winning name will be chosen by the Board of Directors, and the person who submits the winning name will win a FREE year's membership in ARNA.

Mail your suggestion for the newsletter name to:

Shay Stephens  
ARNA National Office  
7794 Grow Drive  
Pensacola, FL 32514-7072

Or fax your suggestion to (850) 484-8762. The deadline for submissions is September 30, 2002.

## New ARNA Logo Policy

Policy: The ARNA logo will be used only for official ARNA business.

Procedures:

- The ARNA logo is a valuable trademark owned by the American Radiological Nurses Association and is protected by law. Use of this logo for any reason requires written approval. Approval will be granted at the discretion of the ARNA Board. Law prohibits the use of this logo by others in any public advertisement or announcement.
- Chapters are permitted to use the ARNA logo.
- The artwork created for all ARNA national meetings may not be used by others.

**ARNA membership has been changed to an anniversary renewal system, rather than an annual renewal system.**



**Abstract Deadline  
has been extended to  
September 6<sup>th</sup>!!**

## Call for Presentations

American Radiological Nurses Association  
21<sup>st</sup> Annual Education Meeting  
March 28 – April 1, 2003  
Salt Lake City, UT



## Call for Presentations

American Radiological Nurses Association  
21<sup>st</sup> Annual Education Meeting  
March 28 – April 1, 2003  
Salt Lake City, UT

The ARNA Planning Committee invites you to submit an abstract for a presentation at the 21<sup>st</sup> Annual Symposium sponsored by the American Radiological Nurses Association (ARNA) to be held March 28 – April 1, 2003, in Salt Lake City, UT. We welcome abstracts from radiological nurses and others on topics in clinical practice, education, administration, research, patient education, and consultation in all practice areas. The focus of presentations should be on innovative, practical approaches that can be used in a variety of settings related to radiological care. Presentations are being sought on topics such as competency development, orientation to radiological care, elements of transition in the current healthcare environment, case management, technological advances, clinical techniques or procedures, outcome measurement, nursing administration/staff development, patient education, and others. Presentations should have an interdisciplinary focus whenever possible.

The education meeting will focus on innovative strategies in radiological nursing, with an emphasis on challenges to be faced in the 21st century. The goals of the meeting are to:

1. Enhance the practice of radiological nurses in order to improve the quality of services provided to patients.
2. Formulate strategies to foster the role of the radiological nurse as patient advocate and educator.
3. Prepare radiological nurses for roles as clinicians, managers, educators, and researchers through:
  - analysis of effective techniques for patient education
  - advances in research strategies and methodologies
  - creative strategies in managing patients
  - identification of current and projected trends in the field
  - application of research findings into practice
  - innovative concepts in clinical practice
4. Facilitate networking and professional development of radiological nurses.

American Radiological Nurses Association  
21<sup>st</sup> Annual Education Meeting  
March 28 – April 1, 2003  
Salt Lake City, UT

Call for Abstracts Submission Form

Presenter Name with Credentials: \_\_\_\_\_

Position: \_\_\_\_\_

Institution: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

- One hour
- One and ½ hours
- Two hours

Directions: Please provide below in 250 words or less an abstract summary for consideration to present at the 21<sup>st</sup> Annual American Radiological Nurses Association Education Meeting.

The Planning Committee will review abstracts for presentation based on the following criteria:

- clarity of description of the content and presentation methods
- importance, depth, focus, level of audience interest
- feasibility of application to a variety of settings
- presenter's professional background and speaking experience
- absence of commercial content
- originality of topic/presentation (has not been presented at other radiological nursing programs)

One presenter per concurrent session will receive complimentary registration for the education meeting.

#### Submission Guidelines:

Keeping the selection criteria in mind, prepare an abstract that is 250 words or less.

Complete:

1. Call for Abstracts Submission Form
2. Abstract summary for presentation
3. Provide a biographical data or CV form.

The completed proposal should be sent to:

Call for Presentations  
ARNA National Office  
7794 Grow Drive  
Pensacola, FL 32514-7072

~~Abstracts must be postmarked no later than August 2, 2002. Abstracts postmarked after this date will not be considered. All abstracts must be received by mail. Notification of selection of presentation will occur in September 2002.~~

*The abstract deadline has been extended to September 6, 2002!!!*

*Abstracts postmarked after this date will not be considered.*

*All abstracts must be received by mail.*

*Notification of selection of presentation will now occur in October 2002.*

*Call ARNA Convention Services, at (850) 474-7292 with questions.*



## ARNA Has a New Chapter!

The ARNA Board of Directors approved the charter of the Greater Tampa Bay Chapter at its June 1-2, 2002, meeting.

Located in the Tampa Bay area of Florida, the chapter began forming in April 2001. This motivated group of radiological nurses has 17 members and meets four times a year. The chapter officers are Connie Rusher, RN, President; Leslie Milos, RN, President-Elect; Ellen Lash, RN, Secretary; Judy Purchell, RN, Treasurer; and Board Members – Jeannette Hill, MS, RN, CRN; Carol Peterson, BSN, RN; and Carolyn Thege, RN.

If you would like to consider joining this active group, contact:

Greater Tampa Bay Chapter  
Connie Rusher, RN  
President  
3625 Madison St.  
Newport Richey, FL 34652  
(w) 727-725-6345  
(fax) 727-725-6286  
crusher2@tampabay.rr.com

(President, continued from page 1)

Board of Directors gave this idea a "thumbs up" at the June Board meeting. We hope that you like the new additions and changes. It is important to have feedback from ARNA members, so please send your comments to the editor, ARNA Board of Directors, or me. Think about a new name for *RN News* and send that along with your comments.

Change can be uncomfortable at times but it can also be a perfect opportunity for self-improvement, as is the case for *RN News*. Stay tuned for more changes yet to come as ARNA grows and matures as a professional organization. For those who are interested in learning more about change pick up the book, *Who Moved My Cheese*. It is very informative and most enjoyable reading.

### Suggested Readings

Johnson, S. (1998). *Who moved my cheese*. New York: Putnam Publishing Group.

O'Daly, H. (2000). Just what do those radiology nurses do all day, anyway? *Images*, 19(3), 4-5.

Simpson, S. (2000). The effects of self-selected music on anxiety levels and movement of patients undergoing magnetic resonance imaging. Part I. *Images*, 19(1) 12-17.

Simpson, S. (2000). The effects of self-selected music on anxiety levels and movement of patients undergoing magnetic resonance imaging. Part II. *Images*, 19(2) 10-16.

Tipler, B. (1998). *Fog: A collection of backscatter*. Waynesboro, NJ: Evil Humours Press.

## Radiology Nurse Helpline

Does your institution routinely apply oxygen post lung biopsy/thoracentesis for the purpose of preventing and/or lessening the complications of a pneumothorax? If so do you have research to support oxygen use in this situation?

Terri Ranson, RN  
Nursing Diagnostic Support  
Charleston Area Medical Center  
Charleston, WV  
cranson@citynet.net

## Introducing New Member Benefit

Now there is an easier, more convenient way to pay you annual dues: Electronic Dues Payment. Instead of writing a check or charging your credit card for \$95.00, let ARNA automatically withdraw \$8.08 from your checking account once a month.

Electronic Dues Payment means

- Small, easy payments
- Uninterrupted membership benefits
- Automatic annual renewal
- No checks to write

For more information about Electronic Dues Payment, contact the ARNA National Office at (866) 486-ARNA (2762) or (850) 474-7292, E-mail: arna@puetzamc.com

## Ask the Experts

Q. Can a central line be used for power injection?

A. According to the package insert that is provided with Cook peripherally inserted central venous catheter sets, "Silicone peripherally inserted central venous catheters (PICC) are **NOT DESIGNED** for power injection of contrast medium. Catheter rupture may occur." The insert goes on to advise the use of a 10cc or larger syringe for contrast injection to reduce the risk of catheter rupture.

Chuck Griffin, CRN  
Member, ARNA