President’s Message

Summer has started and life seems to be racing by at an incredible speed. This past June I experienced my daughter’s 16th birthday, my 30th wedding anniversary, and the high school graduation of my oldest son—all in the course of one week. I wondered, where did the time go? Has it really been 13 years since my little guy got on the bus for kindergarten and I sent him off with his green Teenage Mutant Ninja Turtles backpack and a hug with tear in my eye? Where did that young 21-year-old bride go—can it really be 30 years that my husband and I have weathered life’s storms together? These are momentous occasions to be sure and ones to take pride in but also time to reflect on the journey.

My journey with nursing and ARNA has also passed so quickly. Since assuming the presidency in March, the Board has been working at full speed to advance ARNA’s mission. Karen Green, Board member, and Carolyn Harris, ARNA member, represented ARNA at an Emergency Nurses Association (ENA) invitational summit on procedural sedation. As stakeholders in procedural care, we were asked to voice our opinions on sedation administered in emergency situations. That ARNA received this invitation alone attests to the fact that we are recognized nationally as a key voice in patient care.

Another ARNA liaison, Joanna Po, attended the American Radiological Hospital Administrators (AHRA) Leadership Academy. She will attend the annual meeting as this goes to press and is advancing ARNA’s mission to deliver leadership training and education to members. This liaison is critical to ARNA’s strategic plans to promote nursing collaboration into the operational and physical design of the imaging work place. It is only through collaboration and leadership with radiological administrators that nurses will take their seat at the table in advocating for patients in the imaging environment. This really comes home to me as I work with staff to design our new neuro interventional suite and holding rooms. The staff and I will help to ensure this room is both patient and user friendly for everyone.

ARNA will also participate for the first time in another important relationship when we send our first representative, Louise Thompson, to the Joint Commission Liaison Network Forum. The discussion will be about patient safety goals and how they are instituted based on evidence from national error rates. We are particularly interested in how they affect patients in the imaging environment. This liaison activity and the information that we will both give and receive will help us realize another strategic goal: to disseminate best practice findings into radiology nursing practice. We also hope to accomplish this by the formation and activities of our Evidence-Based Practice Committee.

Our new and improved website is another major accomplishment that Paulette Snoby, Website Editor, and Jon Dancy (Dancy, Puetz & Associates) have worked very hard on to bring better service to members. Great things are right around the corner!

(Continued on page 6)
From the Editor: Call for Contributors

This newsletter reaches all of us at that busiest time of year when the weather is nice, the days are long, and we are all torn between work and home, fun and responsibilities. ARNA is no different – summer is the season when many chapters choose to defer meeting; nurses are busy covering each other for vacations to Disneyland; and plans for professional meetings seem far in the future! I would like to appeal to those of you who are attending the Fall Symposium to act as “reporters” for those of us (including me) who are not able to attend. If you are going to the Fall Symposium, please contact me directly (delma_armstrong@med.unc.edu) so that I can receive your impressions (the good, the bad, the beautiful, and the ugly) for the Winter newsletter. Your colleagues who cannot make the trip still want to know what the meeting was like. So, send me those notes and photos! Thanks. Delma

Pediatric Radiology Nurse Task Force

This past April I was invited by the Society for Pediatric Radiologists (SPR) to participate in a nursing leadership seminar at its annual convention in Miami, FL. The goal of the meeting was to bring together pediatric radiology nurses who work with the members of SPR and discuss the common concerns of nurses and physicians in radiology when dealing with children.

The forum was hosted by Christine Schuck, ARNA’s Pediatric SIG co-chair, as well as Dr. Marilyn Goske, President of SPR, and Dr. Kimberly Applegate who brought this group together. There were about 45 nurses from across the country, and I’d say that fewer than half of them were ARNA members. Former Pediatric SIG liaison, Bobbie Foreman, was there as well as Roger Meece, who is co-chair of the Pediatric SIG with Christine Schuck.

Topics such as quality and safety and physician-nurse collaboration were discussed. The group broke up into three sections to discuss safety policies, communication, and educational initiatives. At the end of the discussion, the groups shared their information with each other and planned the next steps in advancing the knowledge for pediatric radiology nurses.

During a break in the program, and whenever I could, I spoke to the group about ARNA’s commitment to pediatric nurses. I explained to the group that ARNA can support these types of forums but that the expertise in pediatric radiology nursing existed among the people attending the seminar. I stressed that ARNA is a growing organization, and we realize that we need to develop content for nurses but that the content does not come from the members of the Board but from the members themselves.

Several nurses spoke openly about the benefit of ARNA and others, some of whom were former ARNA nurses, believed that there was a lack of content and representation of pediatrics in ARNA. I told the group that ARNA was actively trying to find initiatives that would address the concerns of all SIGs not just the Pediatric SIG. I also explained that representation comes from volunteerism. We do not believe that it is just to appoint anyone from any SIG to the Board; the Board must be reflective of the members in an election. I encouraged all members to consider ARNA as an educational resource.

Roger Meece presented this question to the group of nurses who were in attendance at this meeting in Miami: “Can we as a group agree to recommend to the ARNA Board members a change to their existing bylaws that states at least one Board member will be a pediatric radiology nurse? This person would be elected, not appointed. This would ensure that the pediatric nurses would have representation on the ARNA Board.” The group of almost 45 pediatric nurses voted and unanimously agreed to this suggestion.

Christine Schuck, Roger Meece, and I all believe that this meeting was an important step in the support and recognition of members of ARNA in pediatric radiology nursing. I reported to the members of the Board at our last face-to-face meeting in May. We believe that it is necessary to continue a relationship with the SPR as well as continue to support and promote any educational initiatives of the pediatric group.

It is with great pleasure that the ARNA Board would like to announce the formation of the Pediatric Radiology Nurse Task Force. This Task Force is actively seeking volunteers to serve. Members of this Task Force will discuss and give ARNA direction and guidance to understand and address the special needs of pediatric radiology nurses. I hope that you will contact ARNA to join this Task Force.

This letter will also be forwarded to the nurses who are not ARNA members but participate in the pediatric radiology nursing Yahoo chat group to let our fellow pediatric radiology nurses know that very important work is continuing, and we need the expertise of all pediatric radiology nurses to meet the needs and keep children safe.

Patrick Glickman, BSN, RN, CRN
Immediate Past President

The Radiologic Nursing Certification Board would like to thank the following individuals for their participation in an item review workshop:

Carol Fortier, BSN, RN, CRN
Karen Harrison, BS, RN, RT, CV, CRN
Christine Piernikowski, RN, CRN
Kathryn Pitts, BSN, RN, CRN
Do You Know about Frailty and Older Adults?

Frailty is often confused with disability and/or comorbidity. Frailty is the manifestation of changes in the physiological state of a person and the inability to maintain homeostasis. The identification of frailty in its early stage is important because interventions may potentially prevent or delay the clinical consequences of frailty. Frailty is recognized by a constellation of signs and symptoms including weight loss, fatigue, muscle weakness, slow or unsteady gait, and declines in activity. Screening for frailty and assessing levels of frailty in older adults can identify those most vulnerable and assist in targeting nursing interventions.

To learn more about frailty in older adults visit www.GeroNurseOnline.org and select the topic “Frailty and its implications for care” from the Geriatric Topic drop down menu.

Helpful Hints for the ARNA Listserve

Are you getting overwhelmed with e-mails from the ARNA listserv? Here is what some ARNA members do in Microsoft Outlook 2003 so their inbox is not overloaded with listserv e-mails.

- Create a new folder called “ARNA” or whatever you would like to name it;
- Click on Tools, then Rules and Alerts, and create a rule so that all mail from puetzlistserv.com goes directly into the ARNA folder;
- Choose a designated time and review all of the listserv e-mails from that day.

If you have any problems with setting up a rule for the folder, contact your IT department as they are the experts for the version of mail you use.

Another very important bit of information to remember...

If you want a copy of a document that is being discussed on the listserv, please do not use the listserv to request a fax or attachment from the member. Copy the e-mail address of the person who has the information you want and send him/her a message outside of the listserv.

New Members of the American Radiological Nurses Association

ARNA would like to acknowledge the following new members:

- Jaynee Burawa, Glendale, AZ
- Amy R. Bubba, Pittsville, MD
- Lisa Burk, Richland, WA
- Laura N. Bushey, Saline, MI
- Phyllis M. Caldwell, Prosser, WA
- Sue E. Carney, Gahanna, OH
- Denise Casey, Malvern, PA
- Lisa M. Cloen, Buffalo, NY
- Amy Cobre, Springfield, MO
- Deborah A. Chapman, Missoula, MT
- Danielle Chevalier, Jersey City, NJ
- Rosemarie L. Cimini, Duryea, PA

- Jane M. Cartwright, Seminole, FL
- Wendy Cirimele, Cameron Park, CA
- Lisa M. Cloen, Buffalo, NY
- Amy Cobre, Springfield, MO
- Deborah A. Chapman, Missoula, MT
- Danielle Chevalier, Jersey City, NJ
- Rosemarie L. Cimini, Duryea, PA

- Vanita DeBarberis, Austin, TX
- Lisa DeLozier, Tulsa, OK
- Marisa DeLuca, Wanaque, NJ
- Lezlie G. DiBucci, Allison Park, CA
- Janis Dickson, Redondo Beach, CA

(Continued on page 4)
What’s Happening in our Local Chapters

Philadelphia - Philadelphia, PA
Karen Green, MHA, BSN, RN, CRN
Philadelphia Chapter President
Klgreen725@aol.com

The Philadelphia Chapter honored 50 area radiology nurses at its 6th Annual Radiology Nurses Recognition Dinner held on May 3, 2007. This event was held at Moonstruck and Dr. Joel Neuman spoke on CT Angiography Above the Diaphragm. Installation of officers for 2007-2008 also took place. Our 50/50 drawing and silent auction helped us raise funds to support our scholarship program.

Save the Date: The Philadelphia Chapter is also planning our Best of Philly Symposium on Saturday, October 20, 2007. Several local speakers who have presented at our national convention have agreed to speak to local members who were unable to join us in Seattle. We plan to offer contact hours to those attending. Watch for more details.

Triangle Area Radiological Nurses Association (TARNA)
Richard Scibilia, RN, OCN
Chapter President

We met in April at UNC and had a CE opportunity about manual compression following arterial or venous access for interventional procedures (courtesy of Abbott Vascular). We met in May at Duke Medical Center in Durham, NC, with an educational session about cardiac CT angiography. Attendance continues to be about 10 nurses at each meeting. No educational or social meetings are planned for the summer, but Wake Medical in Raleigh, NC, has offered to host a September meeting – topic to be determined.

Minnesota Chapter
The Minnesota Chapter is in danger of losing steam! The Minnesota Chapter of ARNA is currently without leadership. If you are a radiology nurse in the general geographic area, if you have been a past member of the Minnesota Chapter, or would like to be a member, please contact Richelle Wells (mrwells@puetzamc.com) at the National Office. Richelle can put all interested parties in touch with each other. The ARNA Fall Symposium, to be held in Minneapolis on October 6-7, will provide a great opportunity to connect and regroup.

In the News...
Percutaneous Coronary Intervention Not Better Than Drugs

The results of the Clinical Outcomes Utilizing Revascularization and Aggressive Drug Evaluation (COURAGE) trial are in. Lead investigator Dr. William Boden, of Buffalo General Hospital/Kaleida Health in Buffalo, NY, reported that the findings of the COURAGE trial support the guidelines of the American College of Cardiology and the American Heart Association for initial medical treatment and lifestyle modification for patients with stable coronary disease. The study showed that the long-term survival and freedom of cardiovascular events associated with an initial treatment strategy of optimal medical therapy (OMT) alone was similar to that for OMT plus percutaneous coronary intervention (PCI). As an initial strategy in patients with stable coronary artery disease, PCI did not reduce the risk of death, myocardial infarction, or other major cardiovascular events when added to optimal medical therapy.

View the original article at the website for The New England Journal of Medicine, http://content.nejm.org/cgi/content/short/NEJMoa070829

New Members (Continued from page 3)

Robin E. Duggan
Buffalo, NY

Sherry L. Ebbeskotte
Ottawa, OH

Angeline V. Ennis
Battlefield, MO

Diana K. Dutton
Lake Oswego, OR

Lori A. Eick
Park Ridge, IL

Marie Epperson
Phoenix, AZ

Kelli Dutton
Oklahoma City, OK

Katie Elting
Accord, NY

Kathy S. Erwin
Yukon, OK

April L. Evans
Kerrville, TX

Donna M. Ewing
Hamburg, NY

Charmine M. Faulkner
Pusco, WA

(Continued on page 7)
National Radiology Nurses Day
Celebrations

On April 10, the Director of Radiology at Samaritan Medical Center provided lunch, and the following day the secretaries and techs provided lunch! (Yum, but we're all going to get fat if we keep that up!)

Fran Burns, RN
Samaritan Medical Center
Watertown, NY

Geriatrics and the Advanced Practice Curriculum:
A Series of Web-Based Interactive Case Studies

The Geriatrics and the Advanced Practice Curriculum: A Series of Web-Based Interactive Case Studies was developed to provide a user-friendly way for faculty to integrate essential geriatric nursing content into non-gerontological nurse practitioner and clinical nurse specialist programs; however, practicing NPs or CNSs may also find them useful as a means for updating or adding to their “geriatric” knowledge base.

Using a problem-oriented approach, cases focus on common health problems of the older adult. The cases are designed so that the “patient” may be followed over a period of time. Differences in presentation, management, outcomes, and other relevant aspects of the older adult are emphasized. A tutorial format is used to allow for active participation by the users. Users must provide an answer to each question before they can continue to the next section of the case. The correct answers for each question and their rationales are provided immediately after the user responses.

The case studies were developed by expert geriatric faculty with the support and guidance of the American Association of Colleges of Nursing (AACN) and the New York University College of Nursing Hartford Institute for Geriatric Nursing (www.hartfordign.org). The rigorous process used to develop the case studies involved advanced practice nurses and faculty from around the country. Each case study clearly shows how content addresses the geriatric competencies in the AACN document Nurse Practitioner and Clinical Nurse Specialist: Competences for Older Adult Care (2004; see www.aacn.nche.edu). The Series Editor is Carolyn Auerhahn, EdD, APRN-BC, NP-C, New York University College of Nursing.

The case studies can be accessed on the Hartford Institute for Geriatric Nursing home page at www.hartfordign.org.
From the ARNA Board...

Karen L. Green, MHA, BSN, RN, CRN
Board Member

The ARNA Board of Directors met in Cincinnati, OH, May 19-20, 2007. We accomplished a great deal and wanted to bring members up to date with what is happening.

- The ARNA website update is progressing well. Visit the website (www.arana.net) to stay informed.

- Formation of the Evidenced-Based Practice Committee (EBP) continues. Committee design was discussed in depth, and a project outline form was developed. While in Seattle at the annual convention, several volunteers completed the application. The Board is seeking additional volunteers to assist in this project. This Committee will oversee the development of ARNA's Fast Facts, education programs, and revisions/updates to the Certification Preparation Course, Orientation Manual for Radiology Nursing, and the Core Curriculum. Please contact the ARNA National office at www.arana.net to express your interest.

- The Chapters Committee has had two conference calls. Discussions included chapter stability and offering assistance to struggling chapters. Kate Little is the Chapters Committee chairperson. Chapters are being investigated in Delaware and New Jersey. ARNA is also working to develop a virtual chapter so members will have a support system even if a physical chapter is not present in their area.

- The ARNA Annual Convention will be held in Washington, DC, March 15-20, 2008. The Planning Committee is hard at work on this program. Watch the ARNA website for details.

- The Orientation Manual for Radiology Nursing is moving closer to completion. This guide for the experienced nurse joining the radiology team is under review by the copy editor. We are anxiously awaiting its release.

- Presenters of the Certification (CRN) Preparation Course were recorded during our convention in Seattle. The recording is under review by the Board with the finished product targeted for distribution by fall 2007.

- ARNA is hosting its first Fall Symposium October 6-7 at the Hyatt Regency in Minneapolis, MN. Tentative topics include care of pediatric patient, information technology and nursing, leadership issues, and Joint Commission. Susan Vass will motivate us with her presentation, “Laughing Your Way to Good Health.” The CRN review course will also be offered. Check the ARNA website for updates.

- ARNA continued the donation to Nurses House, a national fund for nurses in need. In 2006, Nurses House assisted 27 RN families for the holidays. For more information about Nurses House, please log onto www.NursesHouse.org

- ARNA was invited by the Emergency Nurses Association (ENA) to join its stakeholders meeting to discuss procedural sedation. This meeting was held in Washington, DC, on June 18, 2007.

- ARNA Board comes to a city near you... The ARNA Board discussed holding Board meetings in an ARNA chapter city. Our goals are to meet the local chapter president to understand issues at the forefront of chapter members, to gain valuable insight from members, to meet local members, and to improve the Board’s relationship with members. Our kickoff city will be Minneapolis, the site of the Fall Symposium. Additional cities include Phoenix and Washington DC/Maryland.

President’s Message
(Continued from page 1)

As I close this message, remember to stop every once in a while in your busy routine and reflect on where you’ve been and all you’ve done; it does make the journey that much sweeter!

Enjoy your summer,
Kathy Scheffer, MN, RN, CRN
President

P.S. See you in Minneapolis, October 6-7, 2007!
New Members (Continued from page 4)

Mary Feia
Menomonie, WI
Teresa Howell
Ishpeming, MI
Suzanne E. Loprete
Jeffersonville, PA
Christine A. McCarty
Fremont, CA
Brenda K. Nix
Kingsville, TX
Vala D. Fernandino
Spring Hill, FL
Cindy T. Huff
Cerro Gordo, IL
Eric L. Lord
Las Vegas, NV
Jennifer L. McIntyre
Southport, NC
Kim T. Nolen
Gulfport, MS
Maura E. Filipello
Selkirk, NY
Laura J. Jacobson
Gwinn, MI
Esther B. Luico
Richmond, TX
Mary F. McKenna
Chapel Hill, NC
Christin Nuttall
Monterey, CA
Maria M. Fleury
McLean, VA
Cheryl A. Jaglowski-Ho
Durham, NC
Michael P. Lundrigan
Cincinnati, OH
Jane McLaughlin
Hutchinson, KS
Deborah O’Day
Santa Clara, CA
Diane Follansbee
Placentia, CA
Phyllis Johansen
Peabody, MA
Nancy A. Maclaren
Ann Arbor, MI
Susan T. McLennan
San Jose, CA
Suzanne D. Oliver
Rockledge, FL
Katy D. Frazier
Pueblo, CO
Karen S. Johnson
Jamestown, NY
Janet A. Maclaughlin
Lebanon, NH
Ann McMurtry
Twin Falls, ID
Joni C. Oswald
Bozeman, MT
Christie M. Fry
Richland, WA
Eleanor S. Jordan
Florence, SC
Sheila M. Maita
Hamilton Square, NJ
Felecia R. Melton
Ft Worth, TX
Isabel A. Owashi
Walnut, CA
Laura L. Gandy
Baton Rouge, LA
Susan Karpinski
Carlstadt, NJ
Elaine J. Majam
Yorba Linda, CA
Anna M. Michael
San Francisco, CA
Greta Pardue
Dallas, TX
Susan Geissberger
North Vancouver, BC, Canada
Jan R. Ketzler
Madison, WI
Frances Manelis
Fairlawn, NJ
Georgina M. Michael
Chula Vista, CA
Cherie L. Parker
Bourbonnais, IL
Mary S. Gibson
Brookfield, IL
Lori B. Key
Lebanon, NH
Michelle L. Manifold
Zionsville, IN
Kathleen Millers
Union, NJ
Heloisa H. Pearson
Oklahoma City, OK
Jennifer M. Gomulinski
Davie, FL
Dena Kilpatrick
Levering, MI
Josephine Marcum
Brainerd, MN
Sharon Mitchell
Valpo, IN
Judith Peck
Sykesville, MD
Jane L. Hagerman
St. Cloud, MN
Janet L. Kopecky
Clackamas, OR
Camille Marshall
Richton Park, IL
Kelli D. Perry
Little Rock, AR
Kath Hawkins
Nixa, MO
Lynd Lablanc
Mechanicville, NY
Susan M. Marturano
North Syracuse, NY
Marvin Mullin
Oklahoma City, OK
Charleen M. Peterson
Tacoma, WA
Delana Henderson
Apache Junction, AZ
Lynn L. Lebbs
Tempe, AZ
Beth A. Massacani
Vacaville, NY
Annette Murphy
Stow, OH
Puntipa L. Phuphanich
Tampa, FL
Vickie Hendren
Taylorsville, NC
Mary Lynn Lemmo
Fair Haven, VT
Catherine Matarazzo
Baldwin, NY
Lisa Murphy
Marshfield, MA
Brenda J. Polk
DeSoto, MO
Rachel Hochadel
Penfield, NY
Kathleen Leonard
Grass Valley, CA
Jim V. Mattle
Danville, PA
Margaret Ann Murphy
Galesbury, MI
Valerie M. Pooler
Valencia, CA
Sara Pour
Chicago, IL
Kristina Hoerl
Baltimore, MD
Soo W. Li
Brooklyn, NY
Angela D. Mayberry
Independence, MO
Penelope Pope
Katy, TX
Shannon Holder
Glen Burnie, MD
Nora Lissay
Sarasota, FL
Maura B. McCance
New York, NY
Debra A. Neu
Bayside, WI
Joan M. Powell-Vega
Englewood, NJ
Jennife M. Gochnullski
Davie, FL
Glen Burnie, MD

New Members (Continued from page 4)
New Certified Radiologic Nurses

The Radiologic Nursing Certification Board (RNCB) would like to recognize the following individuals who passed the certification exam on May 5, 2007:

Marlene Amoruso, Pompton Lakes, NJ
Barbara DeGiovanni, Burleson, TX
Michele DeVito, Windsor, VA
Deborah Emsler, Casper, WY
Marlyn Beard, San Francisco, CA
Loren Ennis, Austin, TX
Dana Bell, Gilbert, AZ
Seana Blazy, Phoenix, AZ
Tamara Brown, Hesperia, CA
Kerri Brown, Studio City, CA
Eileen Canfield, Hesperia, CA
Fredrick Carlson, Hollywood, CA
Jane Cartwright, Seminole, FL
Gloria Casillas, San Pedro, CA
Deborah Chapman, Arlee, MT
Petra Clark, S. Easton, MA
Dianne Comardelle, Livingston, TX
Carol Corbin, Summerville, SC
Ashley Davis, Morgantown, WV
Ana Davis, Williston, VT
Barbara DeGiovanni, Norfolk, VA
Michele DeVito, Franklin, NJ
Deborah Emsler, Charlotte, NC
Angeline Ennis, Battlefield, MO
Loren Ennis, Los Angeles, CA
Barbara Garvin, Owings Mills, MD
Julie Gonzalez, Orlando, FL
Debra Gravitte, Hurdle Mills, NC
Marilyn Green, Pipe Creek, TX
Marilyn Guigar, Alpena, MI
Janine Guinter, Lancaster, PA
Beth Hackett, Kensington, CT
Mary Hawkins, Nixa, MO
Laurie Hill, Sequin, WA
Debbie Hupp, Pueblo, CO
Nilda Jimenez, Durham, NC
Susan Karpinski, Carlstadt, NJ
Jennifer Keese, Fremont, CA
Miriam Kettler, Dallas, TX
Allyson Kornahrens, Islip, NY
Diane Kowalski, Allenton, PA
Charlotte Leitschuh, Plymouth, MN
Stacey Lewis, Vacaville, CA
Maryanne Looney, Coos Bay, OR
Jennifer Lovey, Howel, PA
Lorelie Magbanua, La Canada, CA
Martha Manning, Dunstable, MA
Angela Mayberry, Independence, MO
Vicki Mihalek, Acton, MA
Greg Mitchell, Springfield, MO
Brenda Mize, Columbia, MO
Janice Nancett, Modesto, CA
Lorraine Nelson, Oakland, CA
Sandy Sharpe, Waukesha, WI
Anna Nothdurfl, West Hollywood, CA
Myra Oakes, Richland, WA
Vickie O’Neill, Germantown, WI
Gary Oravsky, Jr., Trenton, NJ
Cherie Parker, Bourbonnais, IL
Eda Penny, West Islip, NY
Kristen Perrin, Bellair, FL
Kathryn Pittman, Springfield, MO
Valerie Pooler, Valencia, CA
Sara Pour, Chicago, IL
Cynthia Pugh, Midland, MI
Debra Rassel, Franklin, KY
Darlene Reagan, Maynard, MA
Tricia Remacle, Virginia Beach, VA
Christine Roy, Crosslake, MN
Jennifer Russell, Palatine, IL
Leslie Schmidt, Demarest, NJ
Nicole Scorsome, S. Burlington, VT

AMERICAN RADIOLoGICAL NURSES ASSOCIATION

QUALITY PATIENT CARE 1981