



ARIN

Vision

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Adding to Our Legacy... One Pearl at a Time

*Incoming President's Address,
2010 Membership Luncheon*

Distinguished board members, my fellow ARIN members, our international attendees and staff of Dancy and Associates, I am honored to stand here before you as your President. How shall I begin? I know that many of you are here on your own dime in this current economic climate; many of you have used your vacation time and, more importantly, time away from your loved ones. I would like to applaud all of you for once more making this a phenomenal conference; we had over three hundred of our 2000 members attend with some common goals; to further enhance patient care in imaging, to increase your already vast Imaging body of Knowledge, and to network with your peers. It is my hope that you were able to take advantage of the tremendous expertise amongst your peers and to renew or even make new relationships.



**Margaret Browne-McManus,
BAHS, RN**
ARIN President 2010-2011

Historically, ARIN's Presidents have chosen a "theme" for their year. I started thinking about this in January on the way to our board meeting in chilly Kansas City. At the time I was reading a leadership book I had received from my boss as a gift, and one of the chapters stood out to me. The authors spoke to the fact that you cannot move forward without looking back on what you have achieved. In short, what is your legacy? Oh now you may say, "Legacy reminds me of someone who passed away." Sure we all know that Michael Jackson's untimely departure left behind a massive legacy; no I'm not here to give you a bio on Jacko. But when considering what a legacy is, it is helpful to make a distinction **between living a legacy and leaving a legacy**. Living a legacy relates to actions and values that one lives every day. In the imaging world, this could be continuously promoting safe nursing practices, continuously looking for new practices to promote and positively affect not only our patient but those we work alongside. I am of the belief that a legacy is two-fold; firstly, what one creates. Maybe it was that policy and procedure you completed before you left IR to go work in an outpatient Imaging center. You may not feel this was a legacy, but that new RN that comes in and reads it may think it is the best thing since beans on toast! Secondly, it is what you do every day to promote positive patient outcomes and to continuously promote imaging nursing in a positive light.

So at the board meeting, I revealed my word but didn't really have a THEME. Well, let me give you an insight to the board. If you leave the room to go to the bathroom, you usually end up either on a committee or assigned a new task. In my case, I had to leave the meeting due to family commitments, and my fellow board members created my theme "adding to our Legacy one Pearl at a time." As you know, we will be celebrating our 30th Anniversary in Chicago, hence the "Pearls." OK, I don't know about you, but acronyms got me though a lot of my high school education and my nursing career so here is my "LEGACY" acronym that relates to my Presidential goals and hopes for this upcoming year.

(continued on page 2)

Adding to Our Legacy... *(continued from page 1)*

Looking back to what we achieved – 30 years of imaging excellence

Exploring our future – where is ARIN in 2011?

Going after our goals – ARIN becoming an International Association that reaches out to –

Achieving more recognition in the Imaging World – Continuing and expanding our alliances and reaching out to our fellow imaging RNs in other countries.

Cultivate our Organizations and Celebrate our successes

Yield the Rewards – Improving Patient Care in the Imaging World and promoting imaging nursing

So, you may say, "Where does legacy fit into a presidential one year term?" Well all good things have to start sometime, and what better time than during our 30th anniversary. What better year than to celebrate what we have done and to envision our future.

You are all here with at least one common goal: commitment to patient care. It is this commitment that we need to pass on though promoting our membership. With this in mind, one of my goals for 2010-2011 is to increase our current membership of 2021 to 3,000 by this time next year. I encourage you to reach out to all of your peers, not only those you work with, but those you may know in other institutions. Encourage them to join as all of you know the benefits of being active in your organization include continuing education, networking and the involvement in the advancement of the standards of care in the imaging environment. You may have seen the e-blasts announcing our membership campaign and the incentives. Wouldn't it be another fantastic feather in our caps to reach our goal by 2011? Perhaps you could use an incentive award and join us next March in the Windy city, Chicago.

ARIN's board is well aware that many of you are not only here to improve your knowledge base and to study to sit your CRN certification. I will be working with our management company to have online CE available to our members and to promote educational Webinars. If there are any of our members who would be interested in being our Web Editor, please contact the National Office.

As President-Elect, I was fortunate to attend The Nursing Alliance Leadership Academy in Louisville Kentucky. One of the lectures made a big impact on me, "Setting a vision – high performing organizations." She spoke to the seven measures of success: this translates to an organizations ability to thrive, innovate, and grow. ARIN's future can be further defined by aligning our products and services with our mission thus fulfilling you the member's needs. With this in mind, I encourage you to keep the lines of communication open with ARIN's task forces and committees; an organization is only as good as its members. As you all know, volunteering is the heart of an organization, and as I look into the crowd, there are many of you who can take ARIN to the next level as a high achieving associations.

As you all know, our 4th Fall Symposium is October 2-3, 2010, at the Hilton Post Oak, Houston, Texas. As always our planning committee will be looking at your evaluations from this conference in identifying the program, and hopefully, you will complete the call for volunteers and become more involved in your organization.

My last goal is to further promote ARIN not only though our membership campaign but to continue working collaboratively with our fellow organizations. I am very proud to announce as a result of working with our SIR & AVIR colleagues, there will be a Practice Guideline for Sterile techniques in the IR suite available in the next couple of months. This is a true testament that we are an essential part of imaging and in further improving patient outcomes. Another great achievement is that Kathy Shaeffer, ARIN Past President worked collaboratively with ASPAN in creating hand-off communications for PACU RNs who are taking care of our patient post-procedurally. As your President, I am committed to continuing these partnerships and seek new opportunities in partnering with those associations to further compliment our organization with the goal of improving patient outcome and keeping in line with ARINs Strategic Plan.

I will end with a little Gaelic, *go raibh maith ageat*, which translated means "thanks very much," and here's to an AWE-SOME 30th Anniversary "Adding to Our Legacy – One Pearl at a Time."

Updated HIPAA Standards

CMS (Centers for Medicare and Medicaid Services) posted fact sheets and checklists on its website to help guide providers through the transition to HIPAA version 5010, which providers must implement by January 1, 2012.

By this date, providers must be ready to submit claims and other transactions electronically using an updated version of the HIPAA standards. Version 5010, which replaces version 4010, is an updated national standard used in billing software that can accommodate the longer and more detailed ICD-10 codes.

To access the following fact sheets and checklists, go to the [CMS Web page for HIPAA version 5010](#):

- New Health Care Electronic Transactions Standards: Versions 5010, D.0, and 3.0 Fact Sheet
- Preparing for Electronic Data Interchange Standards: The Transition to Versions 5010 and D.0 Fact Sheet
- Checklist for Level I Testing Activities
- Provider Action Checklist for a Smooth Transition

Past President's Message

*President's Report,
2010 Membership Luncheon*

Members of the ARIN Board of Directors, Dancy AMC, and you, the Membership:

I am so thrilled that all of you joined the ARIN Board of Directors at this, your membership meeting.

We have 328 imaging nurses attending this conference – all wanting to learn and network. You will hear first-hand what ARIN has been up to, and where we are setting our sites.

When I stood before you this time last year, I spoke of **achieving success**, and now I want to walk you through ARIN's achievements, based on the goals established around the key components of knowledge, networking, and finances. Our accomplishments include:

(1) A successful **Fall Symposium in Philadelphia**; a total of 207 members combined to attend the symposium and imaging nurse review course. Topics for this symposium included treatment of hepatic cancers, coronary imaging, and patient & medication safety. By successful, I not only mean attendance-wise, but while this was our 3rd symposium, it was the first symposium to be financially solvent; we ended in the black! All hard work pays off!

Since Philly is my hometown, I was able to take the Board on a mini-walking tour of Philadelphia's relics such as the Liberty Bell, US Mint, the National Constitution Center, and Betsy Ross' House. We also were treated to Philly favorite foods as we munched on peanut chews, cheese steaks, and soft pretzels – compliments of the Philly Chapter as they hosted a wonderful welcoming reception.

(2) The BOD has chosen to now refer to the CRN review course as the **Imaging Nurse Review Course** – recognizing that we not only wish to enhance the knowledge of imaging nurses choosing to take the CRN exam, but also as a way to enlighten all imaging nurses about the modalities in which we work. I am pleased to announce that ARIN is about to take this course to the next level. We have chosen three master faculty, and in combination with two of our current faculty, we will review and begin to update this dynamic document to reflect the information gleaned from the Radiological Nursing Certification Board (RNCB) role delineation study conducted in 2008. ARIN's vision is to market this Course, and we will now have faculty available to present the information at the client's site. Many of you may not realize that the RNCB (Radiological Nursing Certification Board) is a separate entity. They are responsible for the construction and administration of the exam.



**Karen L. Green,
MHA,BSN,RN,CRN
ARIN Immediate
Past President**

- (3) Now that the role delineation study has been completed, the **RNCB continues to pursue the accreditation process** to have the CRN Credential recognized by the Accreditation Board for Specialty Nursing Certification (ABSNC). This has been a huge undertaking, and I was thrilled to meet with the RNCB board on Saturday to work on this process. Many of you have waited a long time for this; Thank you for your patience and support of this process. Stay tuned for updates!
- (4) ARIN launched our **Evidenced Based Practice (EBP) Program** with a workshop during the recent fall symposium. Three faculty members from Waynesburg University in Pittsburgh educated 50 ARIN members on the principles of EBP. Resource material was provided to ARIN and has been added to our website.
- (5) Position Statements were limited in the previous ARIN bag of tricks; but this last year, we added three: **Safety in the Imaging Setting, Role of the Imaging Registered Nurse in Patients Undergoing a Sedated Procedure**, and updated the **Role of the Imaging Nurse**. Six (6) clinical guidelines were updated, and as a result of a liaison relationship between ARIN and ASPAN, a Clinical Guideline was created entitled: **"Handoff Communication Concerning Patients Undergoing a Radiological Procedure with General Anesthesia."** I strongly encourage you to review this document if you have not done so. It acknowledges the essence of what imaging nurses do, and it isn't just PICC lines!!
- (6) I was approached by the Chapters Committee about the potential for ARIN presenting on-line educational activities, which would offer CE credits. Great minds think alike. In January, the board approved the video taping of several sessions during this Convention – with the goal of four courses offered for CE activity, debuting in July 2010. We encourage any of you who have experience with webinars and /or who are interested and willing to assist us in this endeavor to please contact a board member. The kickoff for this offering will be discussed during a "town hall" chapter meeting tentatively planned for May 2010.
- (7) This past September marked another milestone. ARIN now has a presence in the SIR Newsletter, **IR News**. I contributed a short column reflecting ARIN's accomplishments. This is a great way to stay connected with our physician colleagues.
- (8) Kathy Scheffer is our liaison to the AHRA (American Healthcare Radiology Administrators), and she has been working with them on a joint effort to broaden the knowledge of our members who are, or who would like to be, involved in leadership and management positions within their organizations. As part of the AHRA Summer Conference in Washington, DC, there will be a day-long session (Sunday, August 22), focused on management and leadership skills for imaging nurses and administrators. We hope you will make plans to attend.
- (9) I had the privilege of representing ARIN several times during this past year: **(a) SIR site** visit here in Tampa for this Convention, **(b) conducting the site visit** for the Fall

(continued on page 4)

Past President's Message (continued from page 3)

Symposium – I have definitely learned a lot about planning, **(c) The Alliance meeting** (held in November) what a fabulous meeting. I had an opportunity to network with those in leadership positions from a number of organizations. I also had an opportunity to meet new colleagues and re-connect with old friends, and the educational program was phenomenal! **(d) Radiological Society of North America (RSNA)** - my first trip to the McCormick Center in Chicago, what an experience with several miles of exhibitors, people, and education. ARIN is part of the Associated Sciences Consortium. My lecture, *Enhancing Patient Safety: a Team Approach*, was well received. ARIN also hosts a booth within the complex; since we are the only nursing organization dedicated to imaging nursing, I had several opportunities to place ARIN in the limelight with physicians, administrators, technologists, and nurses from other countries. One opportunity did arise – the realization that ARIN is constantly evolving and requires the assistance of every imaging nurse, especially those at larger university and research facilities, to assist in our efforts.

Growing our membership: I did some research to find out that as of 2004, there are 13,680 Imaging Nurses in the US; of these, ARIN has 2023 as members. So, we recognize that we have a great opportunity for growth. The BOD is pleased to announce our **membership campaign – to reach 3000 members** during our 30th anniversary year, which begins this month. There are options such as member get a member, chapter incentives, and discount memberships. Please take this information back to your organizations, chapters, and distribute it to area hospitals, colleagues, and friends.

ARIN BOD takes our fiduciary responsibility very seriously. We have combed through our 2009 budget to guard and manage your finances; even so, we ended 2009 with a negative balance. The 2010 budget has been approved; while a negative balance is projected, it is more positive than in years past. We continue to look at ways to enhance our bottom line.

Whenever you decide to volunteer your services for a length of time, many thoughts go through your mind: do I have the knowledge, and stamina to lead this group; what will my director say. But nothing else matters if your family is not in sync with your decision. I had been on the board for two years when I decided to run for President. The easy part was my husband; he tends to go with the flow, most of the time.

Then, there are grandchildren; you have no idea how they change your life. But, they supported my decision and were supportive and understanding of the time spent on ARIN activities even if it did involve some traveling.

My thanks also go to my staff and department director. Their support was crucial in my decision to place my name in the running. My staff still wonders what they will be volunteered for next, and my director just keeps approving time away “in the name of ARIN.”

I also would be remiss if I did take a few moments to acknowledge the members of *Dancy AMC*: Harriet McClung, Executive Director; Debbie Blanchard and Donna Deans, Convention Services; Shay Stephen, Richelle Torres, Laura Smith, and Jon Dancy. They are the behind the scenes group that truly assists to pull this all together, not only for Conference but every day of the year.

I would also like to take a few moments to thank my dynamic Board of Directors: *Ron Waldrope*, Secretary, who also doubles as our official photographer; *Linda McDonald*, Treasurer, who combs through the finances as if they were her own; *Sara Hawkins*, Board Member, who has brought such insight into our meetings and decision-making processes; *Brenda Wickersham*, Board Member, who consistently keeps us grounded. (She stays focused on the patient;) *Chris Keough*, Board Member, who has a crazy life much like mine – her friendship has been a bright spot in my day; *Sharon Lehman*, Immediate Past President, the stabilizing force that keeps us grounded. It has been an honor to work alongside her and have her for a mentor these past 4 years. She may be leaving the board now, but she will continue with ARIN as our *Vision* Newsletter editor. And, *Mag Browne McManus*, President-Elect for a few more minutes, who tirelessly moves from place to place, talking as fast as I do but with that Irish accent. She will continue to move ARIN in a positive direction.

As I end my term as your president, I must thank you for the opportunity of a lifetime. I have had a great time (amidst the hard work) working with the best Board of Directors anyone could have; the energy, synergy and cohesiveness of this group is contagious. What I have just described to you could never have happened without them. The love and support of this group is phenomenal. I know that ARIN's success will continue with the great leaders to follow. We will never stop achieving. Thank you.

Core Curriculum Corrections

It has come to our attention that two of the answers in the *Core Curriculum for Radiologic & Imaging Nursing, 2nd Ed.* are incorrect. Please note the following:

1. **Page 225, Question 5** - *Captopril is used as a drug in which nuclear test?* **Answer:** Renograms
2. **Page 445, Question 5** - *Which procedure allows the assessment of the coronary arteries?* **Answer:** Left heart catheterization

If you would like to receive a sticker noting the changes that you can include in your copy of the core, please contact the National Office.

2010 International Stroke Conference/ Stroke Nursing Symposium

The 2010 International Stroke Conference marked its 35th anniversary. The conference was held at the Henry B. Gonzalez Convention Center in San Antonio, Texas, February 23 through February 26, 2010. The 2010 campaign, *Take 2 to save 2*, asks you to take 2 minutes to text 2 people you care about to end stroke with lifestyle changes. *Target: Stroke* was also highlighted providing 10 evidence-based best practice strategies for quicker door to needle time of less than 60 minutes elaborating on getting patients recognized and treated as soon as possible in ischemic strokes.

The Pre-conference Nursing symposium was held Tuesday, February 23, 2010. In summary, I attended the opening program, with comments regarding the growth of the nursing symposium with attendance topping the previous year's attendance. D. Summers, MSN, RN, FAHA, was featured for her award for Stroke Article of the Year, which was presented, Interdisciplinary Care of the Acute Ischemic Stroke Patient.

Other topics were as follows:

- Stroke Symptoms: Comparing women with men regarding stroke symptoms and the differences from onset through care given before and during hospitalization.
- Networking of stroke symptoms using city mouse versus country mouse as the forum comparing healthcare facilities and treatment approach throughout the US and Canada. Including telemedicine of the present and future.
- Hypothermia treatment starting with pathophysiology but including the nursing perspective as far as benefits and issues in the stroke patient, still not being a widely used treatment for stroke.

The afternoon consisted of concurrent lectures: Advanced stroke concepts, essentials of standard clinical practice and stroke center development and recertification, advanced stroke concepts, Rehabilitation and Recovery as an ongoing process and a Professional development workshop.

The Professional development session included writing an abstract, preparing a poster and publishing your work. After each person spoke regarding their expertise in their area, we broke into individual group mentoring roundtables with one on one discussions regarding any current projects of interest people had.

The remainder of the week, I attended sessions, regarding vasospasm treatment and outcomes, Interventional acute stroke therapy with MERCI device and Penumbra use, Improvement of outcomes including thrombolysis, to name a few. I will elaborate further with each newsletter forthcoming. I would like to thank the ARIN board for allowing me to represent our organization and broaden my educational horizons along the way.

Member News

Mina Karamshi, BA (Hons), RN DipHE, MICR, from the Royal Free Hospital, Hampstead, London, UK (JRN Editorial Board member) has been selected for a position on the 'Royal College of Nursing' for Interventional Radiology.

Mina states, "This is a prestigious position for any IR nurse to sit on this board, especially as only 5-7 nurses sit on this board from all across England, Wales, Scotland and Ireland." Mina's work title has changed to "Specialist Sister in Radiology" from Research Sister at the Royal Free Hospital.

Association for Radiologic & Imaging Nursing Board of Directors 2010-2011

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ARIN Core Purpose

To foster the growth of nurses who advance the standard of care in the Imaging environment.

Call for Presentations

Association for Radiologic & Imaging Nursing
2011 Annual Convention

Deadline to Submit: May 30, 2010

Celebrating 30 Years: Adding to Our Legacy One Pearl at a Time!
March 27-30, 2011
Chicago, IL

The Association for Radiologic & Imaging Nursing (ARIN) Planning Committee invites you to submit an abstract for a presentation at the annual convention sponsored by ARIN to be held March 27-30, 2011, in Chicago, IL. We welcome abstracts for presentation and posters from radiologic and imaging nurses and others on topics in clinical practice, education, administration, research, patient education, informatics, and consultation in all practice areas. The focus of presentations should be on innovative, practical approaches that can be used in a variety of settings related to radiological care. Presentations are being sought on topics such as:

- Leadership
- Safety in the Imaging Setting: MRI, Contrast
- Nursing Competencies
- Orientation to Modalities: Nuclear Medicine/CT Scan/MRI
- New Technologies in Imaging
- Sterile Techniques in the Procedural Setting/Infection Control
- The Aging Workforce
- Pediatrics
- Healthy Work Environment
- Radiation Safety
- Unusual Cases/Managing Complications
- Anatomy of a Case
- Informatics
- Orientation Programs
- Specialty Patient Care Topics: Oncology, UFE, Stroke/Neuro
- Vascular Access: Dialysis Access, Central Venous Access
- Advanced Degree Nurses in the Imaging Setting
- Other Hot Topics

Presentations should have an interdisciplinary focus whenever possible.

Submit online at www.arinursing.org

Selection Criteria:

The Planning Committee will review abstracts based on the following criteria:

- Clarity of description of the content and presentation methods
- Importance, depth, focus, level of audience interest
- Feasibility of application to a variety of settings
- Presenter's professional background and speaking experience
- Absence of commercial content
- Originality of topic/presentation (has not been presented at other radiological nursing programs)

The Association for Radiologic & Imaging Nursing (ARIN) functions to provide evidence-based information relating to radiologic and imaging nursing. Material presented at the annual convention, available on the website, or provided in any printed materials must be of professional quality, evidence based, and demonstrate an absence of proprietary or prejudicial/biased commentary. Anecdotal observations should be limited in their scope and not presented as proven fact. It is inappropriate to endorse or imply endorsement of any specific product or service.

For further information or questions, contact ARIN Convention Services.

Toll Free: 866-486-2762 or 850-474-7292

Fax: 850-484-8762

E-mail: arinconv@dancymc.com Website: www.arinursing.org

Call for Website Editor

The ARIN Board of Directors has issued a call for Website Editor to oversee the content and the layout of the ARIN website. The Editor works closely with the ARIN National Office staff to ensure current, accurate, and relevant information is provided to members and interested parties through the website.

- The Editor of the ARIN Web site performs the following duties:
 1. Monitors the pages and content of the Web site in order to ensure that information is current, accurate, and complete and that it enhances ideas to and among ARIN members.
 2. Makes suggestions for minor changes such as corrections to content or additional information for a particular page and works with staff to accomplish those changes.
 3. Responds to Board charges regarding use of the Web site to further ARIN's core values and goals.
 4. Makes recommendations to the Board about major changes to the format, design, and content of the Web site.
 5. Evaluates requests for links from the ARIN Web site for appropriateness and potential conflict of interest.
- The Editor of the ARIN Web site has the following qualifications:
 1. Radiologic or Imaging nursing experience with practice, education, administration, or research responsibilities
 2. Membership (preferably a minimum of 3 years).
 3. Subject matter expertise in electronic communication, the Internet, and online membership resources.

The Website Editor is appointed by the ARIN Board of Directors to a one-year term; the term is renewed automatically for up to three years unless notice is given by either party. The Website Editor will be provided a \$500.00 annual stipend (paid quarterly) complimentary registration for the annual convention with travel and accommodations (double occupancy) expenses paid to attend. The Editor reports to the ARIN Board of Directors.

If you are interested in being considered for an appointment to the position of Website Editor, please submit a letter of interest and your curriculum vitae (CV) or resume documenting your technological experience.

If you have any questions regarding the role of the Website Editor, please contact Harriet McClung at harriet.mcclung@dancycamc.com or 866-486-2762. Deadline to submit: May 30, 2010.

RNCB seeks ABSNC Accreditation for CRN Credential

Karen L. Green, MHA, BSN, RN, CRN
Immediate Past President

Many of you may not realize that the *Radiological Nursing Certification Board (RNCB)* is a separate entity from the ARIN Board of Directors. The RNCB is responsible for the construction and administration of the CRN examination. They have also been actively pursuing the process to have the CRN credential accredited by the Accreditation Board for Specialty Nursing Certification (ABSNC), formerly the American Board of Nursing Specialties (ABNS). ABSNC accreditation "signifies the compliance with rigorous standards for certification programs and is a further testament to the public of the high quality and credibility of an individual nurse's certification credential."

This has been a work in progress for quite some time. The sequence of events included developing and publishing *Radiology Nursing: Scope and Standards of Practice (2007)*, the *Role Delineation Study*, completed by many of you in 2008, and updating the blueprint for the CRN examination.

I had the privilege of meeting with the RNCB during the annual convention in March to review and assist wherever possible with the completion of the application process. The lengthy application requires in-depth responses to 18 different standards. The RNCB has diligently and professionally compiled the required information and the plan is to submit the application by June 2010.

Since the ABSNC reviews applications on a rolling basis, the ARIN/RNCB hope is that the CRN credential is accredited by ABSNC by the end of the year. The ARIN Board of Directors thanks each of our members for your patience and support during this process. We will keep you informed as information is received and hope to announce the positive outcome of this process within the months to come.

News from the Venous Disease Coalition

The Venous Disease Coalition has published two new educational pieces for healthcare professionals and the public that provide information about cancer and venous thromboembolism.

Visit www.venousdiseasecoalition.org to download these materials for free. They are also available in printed form from the website's online eStore.

ARIN is a member of the Venous Disease Coalition.

ARIN Endorses Initiative for Establishing and Sustaining Healthy Work Environments

Brenda Wickersham, RN, CRN, MAV
ARIN Board Member

ARIN leadership voted to endorse an initiative published by the American Association of Critical-Care Nurses: “Standards for Establishing and Sustaining Healthy Work Environments” (AACN.2005) at the winter Board meeting. In doing so, the board recognizes the essential value of six, interdependent elements necessary for maintaining a healthy work environment. The 44 page AACN document outlines how the presence of these standards contributes to clinical excellence and optimal patient outcomes. Specific instances of the absence of these standards are described in unsafe care situations. The standards were developed to allow meaningful reflection and thoughtful dialogue about the current realities of each work environment. They include:

Skilled Communication – Nurses must be as proficient in communication skills as they are in clinical skills.

True Collaboration – Nurses must be relentless in pursuing and fostering true collaboration.

Effective Decision Making – Nurses must be valued and committed partners in making policy, directing and evaluating clinical care and leading organizational operations.

Appropriate Staffing – Staffing must ensure the effective match between patient needs and nurse competencies.

Meaningful Recognition – Nurses must be recognized and must recognize others for the value each brings to the work of the organization.

Authentic Leadership – Nurse Leaders must fully embrace the imperative of a healthy work environment, authentically live it and engage others in its achievement.

The imaging and radiological environment provides unique opportunities and challenges in skilled communication, true collaboration, effective decision making, appropriate staffing, meaningful recognition and authentic leadership. ARIN leadership encourages imaging nurses to review, reflect and engage these standards to establish and sustain healthy work environments for optimal patient outcomes and clinical excellence. Look for future articles that will examine the standards more closely. The standards can be found in the Practice Guidelines folder under the heading of ARIN Endorsed Position Statements on the website.

ARIN Clinical Practice Guidelines Update

The following ARIN Clinical practice Guidelines have been updated by the ARIN Board of Directors and are posted in the Practice Guidelines section of the ARIN website. To download the complete guidelines, visit www.arinursing.org and click on the Practice Guidelines section.

Metformin Therapy and Lactic Acidosis Risk

Metformin is an oral antihyperglycemic agent used to treat patients with type II diabetes mellitus. The most significant adverse effect of metformin therapy is the development of metformin-associated lactic acidosis in the susceptible patient. Although the incidence of metformin-associated lactic acidosis is rare, the mortality is high: 50% of patients with metformin-associated lactic acidosis die. Therefore, metformin and drugs containing metformin should be withheld temporarily for patients undergoing radiological studies using intravenous (IV) iodinated contrast.

Iodinated Gastrointestinal Contrast Medium

Barium sulfate contrast media or aqueous contrast agents may be indicated in fluoroscopic or computed tomography applications. These agents can be given by mouth, feeding tube, or enema, as indicated for the appropriate study.

Contrast Associated Nephrotoxicity

Renal failure due to contrast media has been reported to be the third most common cause of in-hospital renal failure, after hypotension and surgery. Transient renal effects are seen after intravascular contrast and may be due to renal hemodynamic changes or direct tubular toxicity of the contrast media. Patients with normal renal function are at extremely low risk for contrast-associated nephrotoxicity.

Guidelines for Personnel Dealing with Chemotherapy/ Cytotoxic Medications

Medications used in the treatment of cancer are considered hazardous to healthcare workers. The term “hazardous” describes medications that need special handling because of health risks that may result from exposure. These risks are a result of the inherent toxicities of the medications. According to the Occupational and Safety Health Administration (OSHA), safe levels of occupational exposure to hazardous agents cannot be determined, and no reliable method of monitoring work-related exposure exists. Therefore, it is imperative that those who work with hazardous medications adhere to practices designed to minimize occupational exposure (Oncology Nursing Society, 2009).



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Innovative LeadHeadz headwear provides shielding from scatter radiation to the front and sides of the head.

Our headwear provides quality protection in an adjustable, lightweight, and comfortable fit.

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Announcing the ARIN Membership Campaign

In 2011, the Association for Radiologic & Imaging Nursing (ARIN) will be 30 years strong. To celebrate this landmark, the ARIN Board of Directors has set a goal to be 3,000 members strong by our 30th Anniversary.

The 30th Anniversary token is a pearl, and we think our members are genuine pearls. The theme for the coming year will be Celebrating 30 years: Adding to Our Legacy One Pearl at a Time.

To reach our goal of 3,000 members, we are inviting you to help spread the word about what ARIN has to offer and invite your colleagues to become members of the organization with the mission to foster the growth of nurses who advance the standard of care in the imaging environment. Share with your colleagues some of these benefits of ARIN membership:

1. Commitment to professionalism
2. Responsive to technological advances
3. Leadership in a constantly evolving environment
4. Advocate for safe patient care
5. Advancing the standard of care in the imaging department
6. Collaboration
7. Networking/Friendship
8. Information on Sharing
9. National Certification
10. Imaging Review Course
11. Journal of Radiology Nursing
12. Newsletter
13. Chapters
14. Listserv
15. Facebook/Social Networking
16. Core Curriculum
17. Orientation Manual
18. Clinical Guidelines
19. Scope & Standards
20. National Conferences
21. Website
22. Position Statement
23. Coming Attraction: Town Hall
24. Leadership Opportunities

25. Committee/Task Force Participation
26. Professional Liaison Relationships & Opportunities
27. Evidence-Based Practice
28. Serve on Editorial Board for JRN
29. Advancing the Profession of Imaging Nursing
30. Career Self-Development

To this end, we are announcing the following membership campaign to be in effect until March 2011.

- ARIN national members who recruit three new members will receive a complimentary 1 year membership.
- ARIN national members or ARIN chapters who recruit 10 new members will receive a free convention registration.
- ARIN international members who recruit three new members will receive a complimentary 1 year membership.
- ARIN international members who recruit 10 new members will receive a free convention registration.

To assist you with the recruiting processes, we are also pleased to announce our Group Discount Incentive. When five or more individuals join at the same time, each individual will be eligible to receive a \$20 discount off their first-year dues. The group discount applies to new ARIN members only, and all membership applications and payments must be received in the same envelope or fax notification. To receive the group discount, complete the membership application form; in the amount section, fill in \$75 for a group application (\$90 if international).

Getting Started

As a national or international member, you will receive credit for each new ARIN member who lists your name in the "Referred by" section of the membership application or online application. To get started recruiting, simply:

- Download the Membership Brochure at <https://www.arinursing.org/dmdocuments/MembershipBrochure.pdf> to share with colleagues via e-mail.
- Call the ARIN National Office to request hard copies of the brochure.
- Refer your colleague to the website "Join" section. www.arinursing.org

FDA DRUG SAFETY COMMUNICATION: UPDATE ABOUT HEPARIN

SIR President James F. Benenati, MD, FSIR

The FDA has issued a notice that heparin with the new production standards has 10 percent less potency than before. This could influence heparin dosing during IR procedures.

Visit the FDA Web site to learn more about the "FDA Drug Safety Communication: Update: Follow-up to the Public Health Alert about Changes to the Heparin Sodium USP Monograph [<http://www.fda.gov/Drugs/DrugSafety/PostmarketDrugSafetyInformationforPatientsandProviders/ucm207506.htm>]."

Know Your Board Members!

Ronald R Wardrope, RN, CRN



Current Board Position:
ARIN Secretary 2009-2011

Current Affiliation:
The Johns Hopkins Hospital, Pediatric Radiology

What influenced you to go into imaging nursing?

I left the adult ED and Trauma center to enter into a combined interventional radiology and cardiac cath lab. I wanted to learn the different types of procedures that were done in the new area. I was amazed with what I found that was done. I never thought about the things that could be done in an IRC and Cath lab. I found myself like a new person with wet feet; I felt nervous about what I was doing. After several months of learning from great nurses and technologists, I was amazed at how I learned to take care of such sick patients with so many multi-system illnesses. I stayed in the area for seven years, and when an opening in Pediatric Radiology opened up, I jumped for joy. I had been a previous pediatric nurse, and they were looking for a nurse with previous pediatric experience. Since I had that as well as Radiology knowledge, I was given the position. It's now been 16.5 years in Pediatrics covering, Pediatric Diagnostic, Nuclear Medicine, both pediatric and adults, and Pediatric Body CT and now PET/CT for Peds and adults. I have grown so much with my experience that I have now become a mentor to teach other RN's and even technologists how to take care of the pediatric patient while in Radiology. I have the best job in the world.

What are the biggest challenges and joys of your current position?

The biggest challenge of my current position is learning how an ever increasing in size organization runs on a day to day basis. I had no clue what it takes to run an organization such as ARIN. The joys of being the secretary of ARIN is that I am able to learn from all the other Board members current and previous one's what it takes to be a good Board of Directors member.

Professional accomplishment of which you are the most proud:

I would have to say that I am so proud of being voted in as Secretary during the term of 2009-2011. Mrs. Charlotte L. Godwin was one of the founding members and first president of ARNA now ARIN. I was the last nurse Mrs. Godwin hired while she was the Director of Nursing for Radiology at The Johns Hopkins Hospital, Baltimore, MD. I had contacted Mrs. Godwin to inform her that I was contacted at the Fall Symposium in St. Louis about being a possible board member. I saw the smile and shine come to her eyes when she knew that I was being asked to work for the organization that she worked so hard to build. My proudest moment is knowing that before she died this past August 1, 2009, she knew I was helping to continue her legacy.

Personal accomplishment of which you are most proud:

I would have to say that I am very proud of myself for giving my first presentation at the Fall Symposium in Philadelphia, PA, Oct. 2009. Even as board member with pediatric experience, I would have never even thought of presenting at a national meeting and was hesitant when asked. Yes, I was nervous for the first few minutes, but then when I was able to talk about something I do every day of the week, it was easy. So I would tell others, get out there and send in an abstract, and give a presentation.

What influenced you to get into leadership with ARIN?

This would be the same as my professional accomplishment, getting to help keep the legacy of Charlotte L. Godwin going after she is no longer with us. I wanted to become active with ARIN and I was honored when Kathy Shreffler and Brenda Wickersham asked in St. Louis, and I thank the members for voting me into the role.

What is the best thing about serving on the ARIN Board of Directors?

I appreciate being able to work with the caliber of nurses that I admire to assist with the operations of ARIN and to have a dedicated group of staff at Dancy AMC in Florida, who make it easy on the board members to do our jobs.

Hobbies:

I enjoy remodeling, lawn work, working as a nurse at Camp Sunrise a camp for oncology kids, and decorating my home for Christmas.

Pets:

I am a previous owner of two old English sheepdogs. Someday, I will once again have another sheepie.

What excited you the most about the 2009 convention in San Diego?

I was excited about learning about my role as ARIN Secretary, my actual induction as the Secretary, and the opportunity to advance the field of Radiology Nursing.

If you could have any superpower, what would it be?

I would want to have the power to say "Beam me up Scotty." I would want to be able to see all the fantastic things that radiology nurses do all over the globe, to improve my practice.

Celebrate!

NATIONAL NURSES WEEK

May 6-12, 2010

*Nurses: Caring Today for a
Healthier Tomorrow*

Cherokee Inspired Comfort Award Program Call for Nominations

Program honors healthcare professionals demonstrating exceptional service, sacrifice and innovation.

Cherokee Uniforms will now accept nominations through May 31, 2010, for its annual Inspired Comfort Award, a national program to honor healthcare professionals for their exceptional service, sacrifice and innovation. The award's past 76 recipients embody the humanity and commitment that characterize the nation's healthcare professionals, illustrating why those in healthcare are among America's most trusted professionals.

"Our nation's healthcare professionals are unsung heroes who are highly intelligent, skilled and compassionate, and they deserve our sincerest thanks for the outstanding work that they perform often in incredibly challenging conditions," said Michael Singer, President and CEO of Cherokee Uniforms. "The Cherokee Inspired Comfort Award provides an opportunity for anyone to tell a healthcare professional that their work and efforts matter."

A panel of nurse leaders, Cherokee professionals and former award recipients will choose winners who best meet the program's criteria of exceptional service, sacrifice and innovation.

The grand prize winner in each category will receive an all-expense-paid Caribbean cruise for two. Additional winners in each category will receive all-expense-paid trips to a 2011 U.S. medical conference of each winner's choice, an annual membership to their preferred clinical association and a \$1000 medical wardrobe from Cherokee Uniforms. Additionally, those who nominated the grand prize winner in each category will also

receive a \$1000 Cherokee medical wardrobe.

To nominate a healthcare professional, visit www.Cherokee-Uniforms.com or pick up a nomination form from a Cherokee Uniforms retailer. Candidates may be nominated in two of the following categories but can only win in one: Registered Nurses (RNs); Advanced Practice Nurses (APNs); Licensed Practical Nurses/Licensed Vocational Nurses (LPNs/LVNs); Students enrolled in schools of nursing; and other Non-Physician Healthcare Professionals.

Nominations must contain an accurate description (100 words or more) of the candidate's exceptional performance which must have taken place at least in part in 2009. For every healthcare professional nominated through May 31, 2010, Cherokee Uniforms will make a donation to Nurses House, a national fund that provides short-term financial assistance to registered nurses facing serious hardship.

Nominations are due by May 31, 2010, and winners will be announced in October 2010. For further information on the award, please visit <http://inspiredcomfort.com> or follow the award on Twitter- @InspiredComfort.

About Cherokee

Cherokee Uniforms, Tooniforms and Cherokee Footwear are leading brands in healthcare apparel, recognized for helping to foster a warmer, friendlier, more comfortable environment for healthcare workers and their patients. For more information, visit www.CherokeeUniforms.com.

Recently Certified Radiologic Nurses

The Radiologic Nursing Certification Board (RNCB) would like to recognize the following individuals who passed the certification exam held on October 10, 2009. The names of these individuals were inadvertently excluded on the list that appeared in the spring issue of the newsletter. We apologize for the error.

Dreama Blaszyk
Leonard, MI

Carol Geiger
Waterford, MI

Abby Porti
East Islip, NY

Lori Watt
Rockaway, NY

Elizabeth Bonner
Melbourne, FL

Daphne Mersinger
Tampa, FL

Brenda Rosenberg
Presque Isle, MI

Jeffrey Willcockson
Lakeland, FL

Claire Boyce
Troy, MI

Mary Anna Michalowski
Racine, WI

Michelle Sandifer
Palm Harbor, FL

Maude Wouters
Pleasant Hill, MO

Kathryn Davis
Charleston, SC

Caroline Nolty
New Hyde Park, NY

Julie Vande Voorde
Boise, ID

Save the Date



Association for Radiologic & Imaging Nursing **4th Annual Fall Symposium & Imaging Nurse Review Course**

October 2-3, 2010

Hilton Houston Post Oak • Houston, TX

The Hilton Houston Post Oak is holding rooms for ARIN at a rate of \$139 single/double (plus applicable taxes). For reservations call 713-961-9300 or toll free 800-245-7299. Inform the reservations personnel that you are with the ARIN Fall Symposium in order to receive this special rate. **For exhibit or sponsor information, contact Donna Deans at donna.deans@dancyamc.com.**

For more information, contact the ARIN National Office.

7794 Grow Drive • Pensacola, FL 32514 • www.arinursing.org • ARINconv@dancyamc.com
850-474-7292 • toll free 866-486-2762 • fax 850-484-8762

**Symposium program is in development; visit
www.arinursing.org for updates soon!**

Looking for a Chapter Near You?

Northeast Region

DELAWARE

Delaware Chapter

Marion Swincki, BS, RN, CRN
mswincki@christianacare.org

MAINE

Maine Chapter (2/08)

Lori A. Strout RN
lastrout@emh.org

MASSACHUSETTS

New England Chapter

Elizabeth M Duck
educk@elliott-hs.org

NEW YORK

Empire State Chapter

Chris Keough, President
christine_Keough@urmc.rochester.edu

Long Island Chapter

Kristin Mahoney
kmahoney@southamptonhospital.org

Mid Hudson Chapter

Karen Bohnenberger, President
karen@kcandjim.us

PENNSYLVANIA

Greater Pittsburgh RNA Chapter

Diane Cancilla, President
 Linda McDonald, Contact
dcancill@wpahs.org

Philadelphia Chapter

Cindy Gould, President
cabgould@verizon.net

Southeast Region

FLORIDA

Greater Tampa Bay Chapter

Carol Shakoori, President
cshakoori@tgh.org
cshakrn@hotmail.com

NORTH CAROLINA

Carolinas Chapter

Danyelle Earl
danyelleearl@yahoo.com

Triangle Area Radiology Nurses Association (1/07)

Ron Schoenfeld
Ronald.schoenfeld@duke.edu

TENNESSEE/KENTUCKY

Mid-South Chapter of ARIN (6/06)

Jan Neiser, RNBC, BS
jeneiser@yahoo.com

TEXAS

Texas Gulf Coast Chapter

Mark Tansiongo, President
mtansion@di.mdacc.tmc.edu

VIRGINIA

Blue Ridge Chapter of the American Radiological Nurses Association (1/07)

Monica Tucker
monicart@msn.com

Midwest Region

ILLINOIS

Windy City Regional Chapter

Janelle Ramsborg, RN, BSN, MBA
jramsborg@lumc.edu

MICHIGAN

Great Lakes Chapter

Mike Wilson RN, BSN, MBA
Mjw3270@gmail.com

MINNESOTA

Minnesota Chapter

Bill Stromme
Stromme.william@mayo.edu

OHIO

Central Ohio Buckeye Chapter (2/08)

Sheila Westrick, Secretary
Sheila.westrick@osumc.edu

Ohio Radiological Chapter

Annette Murphy
murphy@summa-health.org

West Region

ARIZONA

Grand Canyon State Chapter

Bonita Jones, MSN, RN
Bonita.jones@bannerhealth.com
www.azradiologyrn.net

CALIFORNIA

Golden Gate Chapter

Marietta Escalona
mitaescalona@gmail.com

WASHINGTON

Northwest Chapter

Rebecca Turner
frombecky@comcast.net



*If you would like information on starting a local ARIN chapter, please contact
 Lezlie Sears, Chapter Services Specialist at*

ARIN National Office

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