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AMERICAN
RADIOLOGICAL
NURSES ASSOCIATION

7794 GROW DRIVE
PENSACOLA, FL 32514

(866) 486-ARNA (2762)

(850) 474-7292

FAX (850) 484-8762

arna@puetzamc.com

www.arna.net

arna

Vision

President's Message

Kate Little, RN

Dear ARNA members:

I recently overheard some nurses from my team discussing why they love their job in radiology. One of the nurses has been on our team for 5 years, one for 2 years, and the third 1 month. One nurse said frankly, "this is the best job I ever had!" The other two said they agreed. This is not the first time I have heard this said. We talked about the things that are different and better than any other nursing position we had ever held. They told me that they enjoy the variety of tasks from day to day and week to week. Here are some other thoughts that they shared with me about nursing in radiology:

- In radiology we see patients at different stages of the disease process (e.g., newly diagnosed, cured, end of life).
- We can see the positive results of our procedures.
- We do make a difference in the patient's visit to radiology.
- Quality of life—hours of work are much better than anywhere else's.
- Interesting, challenging days.
- Loves the diversity of procedures—the different daily experiences.

- Monotony is never an issue.
- Enjoy being able to function independently as a clinician and being respected for what we do.
- Enjoys the group that she works with—diverse experience/backgrounds with extensive knowledge.
- Work hours are conducive to living.
- Learn something new every day—lifelong learning.

Job satisfaction is very important to me as a nurse and as a supervisor. Radiology has become a community that my coworkers and I want to work in. We are valued for the care that we provide and do make a difference in the patient's visit to radiology.

A New Pediatric Discussion Group Forms in Salt Lake City

The ARNA Pediatric Discussion Group was created in the lobby of the host hotel at our annual meeting in Salt Lake City in April, although it was not a spur of the moment gathering. As we arrived at the annual meeting, we began meeting members and finding out where we came from, what type of radiology nursing we did, and what we hoped to gain by attending this annual meeting. As a result of recent budget cuts throughout the healthcare industry, we discovered that many of us were here above and beyond the call of duty. This is so

(Continued on page 8)

Editorial

The holiday season is on us and it seems like life has sped up. Not only are the days shorter but the minutes seem shorter too. Deadlines fly by and it seems as though I haven't had a chance to look at what is going on around me. So I have to stop for a moment and wonder do I seem as hurried and harried on the outside as I feel on the inside? When I answered that phone was I short with the caller? Did I question that nurse on the other end of the line politely to gather data on my impending patient or did I interrogate and berate her? While I'm rushing down the hall or in and out of meetings do I have a pleasant look on my face or am I scowling at the fact that I forgot to take out something for dinner? I know that my friends will forgive me and understand, but what kind of impression am I making on those who don't? What about those impressionable nursing students? Am I turning them off this great profession?

In the past five years that I have been a nursing instructor and worked in interventional radiology I have noticed that we "seasoned" nurses groan, moan, and hide at the sight of a student nurse on the unit. We tend to forget what it was like to be a student and just how impressionable the student is. If we really think about it students are good for us. They help boost our ego by listening to our thoughts, perceptions, and rationales as adoring fans.

Legislation Corner

Earlier this year, the Bush administration proposed a rule that would eliminate millions of Americans who are currently eligible for overtime pay. This proposal would affect a large number of nurses in the workforce. The Economic Policy Institute concluded that more than 8 million workers could lose overtime protection if these new regulations are enacted. The Department of Labor proposed regulations would make it easier for employers to reclassify workers as executive, administrative, or professional employees, who are not entitled to overtime protection. If enacted, these regulations could have a substantial and harmful effect on nurses, their families, the nursing shortage, and patient care. On a national basis, the proposed regulations would eliminate federal overtime rights that apply to many workers.

Attempts to expand the number of professional workers such as nurses who are exempt from overtime protections will lower the marginal cost of overtime work for the employers. In healthcare areas, this will encourage

They keep us on the straight and narrow. While they are scrutinizing and imprinting our every move, we have to perform with perfect technique. They usually share a giggle with us and remind us just how naïve and impressionable we once were. They remind us of ourselves, why we became nurses in the first place. Their hearts are big and easily touched; their eyes are quick to fill with tears; their need to care and touch lives is strong. Most of all embracing a nursing student provides us with the opportunity to shape the future of nursing. These students are the nurses who will be caring for our families and ourselves. Let's take a moment, check ourselves, and enlighten them to the essence of nursing—the art of caring.

Susan Simpson, MSN, RN
Editor



the use of mandatory overtime as a staffing strategy.

Senator Tom Harkin (D-IA) will soon introduce an amendment to the Fiscal Year 2004 Labor, HHS an education appropriations bill that would prevent the U.S. Department of Labor from implementing proposed regulations that take away workers' overtime rights.

In my previous article published in the last *Vision*, I explained how to contact your state senator (202) 224-3121 and state representatives. In regard to this proposal, I urge you to contact your senators and urge them to support the Harkin Amendment.

Lois Curtwright, MSN, RN, CPN
Chair, Public Policy Committee

Member in the News

Donna Anderson, BSN, RN, CRN, is a radiology nurse at Keesler Medical Center, Keesler Air Force Base, MS. She has worked in the radiology department for 11 years. In June, Donna received her first monetary award instead of time off award for superior performance for the following:

- PICC team coordinator for Keesler Medical Center, a 350-bed hospital
- Patient/Family educator for the Radiology Flight
- Trained over 200 med group employees in CPR
- Established screening guidelines for people with diabetes who receive contrast in radiology
- Redesigned facility central line declotting program
- Introduced cathflo saving the hospital \$16,000

The Radiology Nurse

What does a nurse in Radiology do?
 How many times has this been asked of you?!
 Our role is a mystery amongst nursing ranks
 As evidenced by the query matched with looks that seem blank.
 Our mission is to educate as individuals and as a group
 For knowledge is power, and with comprehension
 Respect joins in the loop.
 So here is my synopsis of what we are about,
 Each nurse will have additions and deletions, there's no doubt.
 'Cause part of the confusion is no work place is the same,
 Thus key trait—flexibility—is our claim to fame!
 And even in one setting, the flow changes day to day.
 Priorities and strategy help guide us on our way.
 We're tidbits of ER and CCU rolled into one.
 Throw in a touch of PACU and Med/Surg just for fun.
 Add the dimension of contrast, then PICC lines to the list.
 ...Voila!... a Radiology nurse is in your midst!
 We care for patients during procedures,
 And sometimes "pre" and "post,"
 From young to old, in all modalities, of which there are a host!
 CT, US, Angio, Nuc Med, MRI to name some,
 General Radiology and Mammography, have I forgotten anyone??
 We collaborate with physicians and staff and act as a liaison
 To other departments and offices, our patient is number one!
 As part of each day, we do pre call screening and follow up inquiry.
 We rotate call for after hours, and that can be quite tiring!
 We're resourceful, resilient, (might I add brilliant!).
 We're skilled with a sense of humor.
 We adapt to pace change and schedules rearranged
 And work with compassion and fervor.
 Next time someone asks what it is that you do,
 Perhaps you can share this verse,
 And from one who is to all who are,
 Hats off to the Radiology Nurse!!

Pat Aoki, RN
 Staff RN Radiology
 South Pointe Hospital
 Warrensville Heights, OH

Connections

Has your hospital performed carotid screenings? If so, please share your experience.

Deborah Richards, RN
 deborahrichards@emh.org

Recruitment materials (a table top display, membership brochures, and copies of *RN News*) are available for your next meeting, conference, or continuing education activity. Contact the National Office at least 6 weeks before the date needed to arrange for shipment of these display materials.

American Radiological Nurses Association
 (ARNA)
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 4bsargent@msn.com

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 Roswell, GA
 psnoby@earthlink.net

National Office
 7794 Grow Drive
 Pensacola, FL 32514-7072
 (850) 474-7292
 Toll Free: (866) 486-ARNA (2762)
 Fax: (850) 484-8762
 E-mail: arna@puetzamc.com
 Web site: www.arna.net

ARNA Mission Statement

The mission of the American Radiological Nurses Association is to provide, promote, maintain continuity of and continuously improve patient care through service to members.



Certification/Recertification Guidelines Now Available!

The Radiologic Nursing Certification Board, Inc. (RNCB) and the American Radiological Nurses Association (ARNA) announce that revised guidelines for the certification/recertification exam in radiology nursing are now available.

An important change is that starting in 2006, those sitting for the exam for the first time must show that they have obtained 30 contact hours of continuing education in a 2-year period. Starting in 2004, candidates may choose to recertify by examination or by obtaining continuing education contact hours. Sixty (60) contact hours within a 4-year period are required to meet the contact hour requirement for recertification.

2004 Examination Dates

Application Deadline

December 31, 2003
June 30, 2004

Examination

February 28, 2004
August 21, 2004

Contact RNCB at rncb@puetzamc.com or by telephone at (866) 486-2762 or (850) 474-7292 for your copy of the certification/recertification guidelines.

Certification Examination for Radiologic Nursing in Imaging, Interventional, and Therapeutic Environments Certification Candidates - August 2003

Congratulations to the following candidates who sat for the Certification Examination held in August 2003. They have become certified, and may now use the CRN designation until August 2007.

Marianne Albanese
Kathleen M. Anduze
Rod L. Atkins
Mary J. Bertolotti
Janice M. Brown
Judy A. Chessar
Barbara J. Cook
Lisa C. Davenport
Krysti B. Davis
Tricia J. Donovan

Rebecca M. Dufour
Tina S. Faircloth
Wanda Fields
Susan R. Gallagher
Monica A. Gerhart
Robert J. Glickman
Tracy L. Groller
Angela Y. Gwartney
Calvin Haneline
Nancy A. Higgins

Karen M. Hughes
Aleyamma Jacob
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Karen E. Jones
John Keane
Ashley C. Kellogg
Corina Kenley-Morris
Rebecca S. Knecht

Diane Kraft
Stacey E. Lewis
Donna C. Longfield
Kimberly Luckey
Laurel A. Maneri
Lauri R. Mize
Sherry L. Nash
Penelope A. Pope
Terri J. Ranson
Amy J. Reiner

Aileen A. Rogers
Linda L. Rosbacka
Anna B. Ross
John A. Satkovich
Susan H. Sharp
Donna H. Shull
Piper L. Smith
Kathleen Soeldner
Sally Tuck-Hurwitz
James C. Woods

Certification Examination for Radiologic Nursing in Imaging, Interventional and Therapeutic Environments Recertification Candidates

Congratulations to the following CRNs who became re-certified by passing the certification examination held in August 2003. This recertification is in effect until August 2007.

Wendy H. Aarnio
Christina A. Berler
Ann M. Bonin
Cynthia A. Cacciola
Rhonda K. Caridi
Carole A. Derucki
Doreen A. Dumaine
Kathryn C. Fogg
Karen H. Fowler

Kathleen E. Gallagher
Audrey C. Holmes
Donna L. Knapp
Marie A. Korenstein
Linda M. Lanfear
Donna D. LeClair
Frances MacCormack
Renee A. Martino
Michael D. Nissen

Donald F. Norder, Jr.
Sandra C. Pond
Alice A. Salcido
Margaret M. Simor
Sylvia C. Socci
Peggy A. Sturdy
Julie A. Suppenbach
Brenda L. Terwilliger
Lisa Tucker

ARNA Call for Volunteers

The 2nd Edition of the Core Curriculum for Radiological Nursing is underway with anticipated publication in Spring 2006.

Colleen M. Sasso, BSN, RN, CRN, has been appointed Editor of the Core Curriculum. Colleen works in the Radiology Department at the Veterans Affairs Medical Center in San Francisco. She has worked in radiological nursing since 1983 and has been a member of ARNA since 1988. She has served as President of ARNA (2001-2002), has served on the Editorial Board of *Images*, participated as chapter captain for the first edition of the *Core Curriculum*, and is also currently serving as the chair of the Lifetime Membership Task Force. Colleen has published in the radiology healthcare literature and has presented nationally for the Radiological Society of North American (RSNA), the Society of Interventional Radiology (SIR), and the Department of Veterans Affairs Medical Centers. ARNA appreciates the commitment Colleen has made to ARNA by agreeing to serve as Editor of the 2nd edition of the Core Curriculum.

Now that the ARNA Core Curriculum editor has been identified and the project is underway, volunteers for section editors, chapter writers, and peer reviewers are needed! It would be helpful to have prior experience in publishing, but it is not required. If you wish to share your expertise with others AND contribute to the development of this important body of knowledge for radiology nursing please submit the application to the ARNA National Office.

Chapter Writers

Throughout the process chapter writers will receive constructive feedback and assistance from the editors and from the Project Manager at the ARNA National Office. The deadline for the first rough draft will be in early April 2004. Revisions and updates will be ongoing over the next year and a half. Because of the extensive amount of content the Core Curriculum will be in an outline format.

To participate in the Core Curriculum project as a chapter writer, you should be able to meet the following qualifications:

- Be a registered nurse (or collaborate with an RN).
- Submit all drafts and final works in both hard copy and on computer disk using an IBM PC format compatible with Microsoft Word for Windows.
- Meet all deadlines outlined for the publication.
- Use the style defined by the 5th edition of the *APA Publication Manual* to reference your work.

If two persons would like to work on a chapter, then the collaboration would be done in person or via telephone, fax, or electronic media. Only one manuscript will be accepted from co-writers.

Section Editors

Section Editors will play a significant role in the development of the ARNA Core Curriculum. Section editors should be able to meet the following expectations:

- Meet established and/or revised deadlines.
- Review and communicate with the Editor and/or the Project Manager in the event of any concerns.
- Assist authors to meet established deadlines as much as possible.
- Review material submitted for accuracy of content, flow, grammatical content, and the like.
- Provide constructive suggestions for improving content and flow as follows:
 - Question the accuracy of information (if in doubt).
 - Suggest additions/deletions of content.
 - Recommend the inclusion of additional references or information.
 - Recommend changes in writing flow.
 - Suggest inclusion of tables, charts, figures when appropriate.
- Provide positive ongoing feedback for writers' efforts.
- Provide Editor with recommendations for peer reviewers.

Peer Reviewers

Peer reviewers will be asked to review chapters later in the development of the Core.

General Section

1. Contrast Media
2. Moderate Sedation for Imaging Procedures
3. Patient Education in the Radiology Department
4. Quality Assurance and Quality Improvement
5. Radiation Safety
6. The Pediatric Patient
7. The Elderly Patient
8. Alternative/Complementary Approaches in Radiologic Nursing Care

Procedure Section

1. Diagnostic Radiology
2. Breast Imaging
3. Nuclear Medicine
4. PET Scanning
5. Radiation Oncology: Nursing Implications
6. Understanding Ultrasound
7. Computed Tomography
8. Magnetic Resonance Imaging
9. Nonvascular Interventional Procedures
10. Cardiac Catheterization
11. Vascular Procedures

Professional Section

1. Legal Issues
2. Organizational and Management Issues
3. Research in Radiology Nursing

(Continued on page 6)



(Call for Volunteers, continued from page 5)

If you are interested in participating in this project, please complete the application below and return it to the ARNA National Office. Chapter writers and section editors will be selected and notified, by mail, in January 2004. We look forward to hearing from you!

American Radiological Nurses Association
Core Curriculum

Name: _____

Chapter Writer _____ Section Editor _____ Peer Reviewer _____

Preferred Mailing Address: _____

Telephone Home: _____ Work: _____

Email Address/s: _____

If a chapter writer, indicate your first three (3) chapter preferences.

First: _____ Second: _____ Third: _____

BRIEFLY describe your qualifications to write the chapter/s you selected.

Please include a current copy of your curriculum vitae or resume.

RETURN TO: Patricia Adkison, Core Curriculum Project Manager, ARNA National Office, 7794 Grow Drive, Pensacola, FL 32514
or fax to: (850) 484-8762

AMERICAN RADIOLOGICAL NURSES ASSOCIATION
ARNA

*... providing, promoting, and maintaining continuity of, and continuously improving,
patient care through service to members*

2004 Educational Meeting

March 25-30, 2004

The annual meeting of the American Radiological Nurses Association (ARNA) will be held in conjunction with the Society of Interventional Radiology (SIR) Annual Scientific Meeting and the Association of Vascular and Interventional Radiographers (AVIR) annual meeting. ARNA and AVIR will co-host a networking and educational day on Friday, March 26, 2003. All SIR social and networking events, the Technical Exhibit Hall, and educational programs are open to all ARNA annual meeting attendees. The majority of ARNA's sessions will be held at the Wyndham Phoenix. SIR events will be held at the Phoenix Civic Plaza.

Registration & Housing

The early bird deadline for registration and housing forms to be submitted to SIR is February 27, 2004. The cost for the ARNA annual meeting is \$375.00 for members (\$475.00 after February 27) and \$500.00 for non-members (\$600.00 after February 27). Room rates at the Wyndham Phoenix are \$194.00 single/\$214.00 double. You can register for the ARNA meeting or make hotel reservations at www.SIRweb.org or call (800) 424-5249 for more information. After February 27, registrations will be received onsite and you will have to make your own hotel reservations.

Phoenix

March is great in Phoenix. With an average daily high of 75 degrees, Phoenix has the perfect weather to get rid of the winter blues. Make plans to participate in the annual Legs for Life Fun Run or the first CIRREF Golf Tournament. For sports fans, the NCAA Southwestern Regional Finals are scheduled for March 25 and 27 at the America West Arena. For more information on things to do in Phoenix, visit www.phoenixcvb.com

Phoenix, AZ

Wyndham Phoenix
100 North First Street
Phoenix, AZ 85004



**AMERICAN RADIOLOGICAL
NURSES ASSOCIATION**
7794 Grow Drive
Pensacola, FL 32514-7072

Phone: (866) 486-ARNA (2762);
(850) 474-7292
Fax: (850) 484-8762
E-mail: ARNA@puetzamc.com

Look for the ARNA Annual Meeting brochure coming to your mailbox soon!

American Radiological Nurses Association
Call for Volunteers

If you are interested in contributing your skills and you are an active member, please fill out the information below for consideration of a committee appointment. ARNA's leadership looks forward to your participation.

Name _____ Credentials _____

Home Address _____

City/State/Zip _____ Home Phone (____) _____

Employer _____

Address _____

Work Phone (____) _____ Fax (____) _____ E-Mail _____

Hours to Contact _____

Areas of Nursing Experience: ☐ Clinical Sub-Specialty (specify) _____
☐ Management
☐ Education
☐ Other (specify) _____

Education (check/fill-in all that apply)

☐ Associate in Nursing

☐ Diploma in Nursing

☐ BSN

☐ Doctorate: _____

☐ MSN

☐ Master's in Other: _____

Certifications: _____

Indicate the Committee (s) on which you would most like to serve. You may list up to three choices, however, if you list more than one choice, indicate the order of preference (#1 being your first choice, #2 your second choice, and so on).

☐ Chapters Committee

☐ Scholarship Committee

☐ Convention Planning

☐ Public Policy Committee

☐ Nominating Committee

☐ Special Teams (Volunteers for task forces that may be formed in the coming year.)

If you are currently serving on a Committee or Task Force please list it and indicate how long you have been on the Committee or Task Force: _____

Please drop this form off at the ARNA Registration Desk or fax or mail by May 1, 2004 to:

American Radiological Nurses Association (ARNA)

◆ 7794 Grow Drive ◆ Pensacola, FL 32514-7072 ◆ Fax: (850) 484-8762

Call for Manuscripts

The *Journal of Radiology Nursing (JRN)* is looking for manuscripts on the following topics:

- ❖ Nursing Leadership
- ❖ New Procedures
- ❖ Research Studies
- ❖ JCAHO Requirements
- ❖ HIPAA
- ❖ Orientation and Competency for Radiology Nursing
- ❖ Patient Satisfaction
- ❖ Moderate Sedation
- ❖ Radiation Safety
- ❖ Magnetic Resonance Imaging
- ❖ Management of Lines
- ❖ Drug Eluting Stents
- ❖ Multidisciplinary Approach to Team Building in Interventional Radiology
- ❖ PI Efforts
- ❖ Infection Control Policies
- ❖ Budget and Financial Strategies
- ❖ Patient Safety Issues
- ❖ Role of the PA and ARNP in Interventional Radiology
- ❖ Patient Teaching Techniques in Interventional Radiology

For assistance in developing an idea or writing a manuscript, contact the Editor, Marie Korenstein, MHS, RN, CRN, at 7794 Grow Drive, Pensacola, FL 32514, (866) 486-ARNA (2762), fax (850) 484-8762, or e-mail mariek@bhssf.org We're eager to hear from you!

(Pediatric Group, continued from page 1)

stereotypical of the nursing profession in general but really brought home to me that we were here to learn and take back information to our colleagues and, ultimately, the patients.

As pediatric nurses, we are represented in a number of organizations dedicated to these special patients. However, those of us in pediatric radiology are really few in numbers but great in need of information specific for the patients who are as the cliché goes "not just little people." These patients need sedation with a group of drugs not commonly used in adults, pain management, specialized consents, and specialized procedures related to age and congenital problems.

The presentation by Linda Connor, BA, RN, on pediatric sedation was the point at which the group began to form—we needed more time for discussion and continued in the lobby. Linda facilitated the organization of the group at this point, and we came up with a list of topics to discuss:

- Sedation database
- Sedation for VCUGs
- Signing of consents: physicians vs. nurses
- Pain management in interventional radiology
- Drugs used for sedation
- How to handle agitated wake ups
- Sedation algorithms
- Sedation training/credentialing
- Documentation
- Use of Ketamine in children

The ARNA Board of Directors approved the formation of a pediatric discussion group, and the group is listed under the discussion groups on the

ARNA Web site, www.arna.net. At present we are well over 25 strong and growing, and as the Convenor of the group, I assembled an e-mail distribution list of the members, but I encourage all to use the discussion group as well so the discussion may be accessible to all members of ARNA.

The group also fielded questions from members who take care of pediatric patients only occasionally. Many nurses I spoke to at the meeting dealt with the pediatric patient infrequently, and they need the support of the pediatric experts so the healthy child has the opportunity for safe care and a good quality study without always having to travel many miles to a specialty hospital.

The group recently received a survey of questions pertinent to our discussion in Salt Lake City so that members can build a database of information on pediatric radiology and target the needs of the group for the annual meeting next year in Phoenix. There will be an agenda based on these needs and opportunities for roundtable discussions.

I welcome all members to participate in the discussion group and get the pediatric issues on the table and share the wealth of knowledge we have to offer and to receive from ARNA.

Chris Schuck, MSM/HC, BSN, RN
duPont Hospital for Children
Wilmington, DE