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AMERICAN  
RADIOLOGICAL  
NURSES ASSOCIATION

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arña

Vision

## President's Message

Delma Armstrong, BSN, RN, CRN  
President

I grew up in Baton Rouge, LA. Baton Rouge is a lovely city with beautiful lakes, narrow streets and boulevards canopied by live oaks, distinctive neighborhoods with their own flair, and loads of history and culture. New Orleans has even more.

It is only fitting that a city that shouldn't even be there (most of it is below sea level) has developed a reputation for throwing a party every day. Who knows when it will slip into the ocean? If you have never been to New Orleans, then it is high time you went! It is a city of amazing culture and history. Built on a great turn of the Mississippi, New Orleans has become known as the Crescent City and The Big Easy.

Last spring I attended the planning sessions with AVIR and SIR and their respective management companies in New Orleans (or "N'awlins" as we locals say). We visited the convention site and stayed in the Hilton. It was a wonderful trip. The Hilton, where ARNA will be meeting, is attached to an underground mall (great if it rains—and I have never been there when it didn't rain at least once). The Hilton also has a streetcar stop that takes you straight into the French Quarter for under a dollar. It is also adjacent to the Aquarium and IMAX Theatre. Oh, did I mention that we will be directly across the street from Harrah's Casino? If you should see me with coin-dark hands playing the slot machines, just join me, okay? Maybe your luck will rub off on me.

We have been planning a fabulous program for you this year. Once again, our first day of programming will be shared with AVIR. AVIR will be meeting in the Convention Center (which is adjacent to the Hilton). Do bring your comfortable shoes—AVIR and SIR are on the far end of the convention center and a good mile hike from the ARNA meeting site, which is at the Hilton and where we will be on subsequent days. We will have shuttles available throughout the week. Do plan to attend

the AVIR and SIR offerings that you are interested in. There will be no problem getting back and forth.

This year's program includes more opportunities for networking than ever before. We will once again have posters and are upgrading the roundtable presentations. I am delighted to report that there are more nurse speakers this year than I have seen in a long time.

We are in the process of brainstorming some ideas for social networking as well—New Orleans is a great place to round up a group of folks to eat out or take a voodoo lesson or cemetery tour. On our last family visit to New Orleans, my son ferreted out the houses of Ann Rice (vampire novelist) and Trent Resner (of the rock group Nine Inch Nails). He even managed to dig up the secret location of Resner's unmarked studio in the Garden District. And I was delighted to find there the best pralines I had ever eaten being sold on the street by a wizened grandmother.

There is something for everyone in New Orleans. I hope this will be your year to experience ARNA's educational meeting as offering something especially for you! And as they say in New Orleans, *Laissez les bons temps rouler!* (Let the good times roll!)

## Editorial

Susan Simpson, MSN, RN  
Editor

I just spent some time looking back over the last few issues of *Vision*. Gosh, we've come a long way. We have given you local chapter news as well as national happenings. We have had articles written by nurses and patients alike. We have published poetry and legislative news. We have done a great job. But I have to be really honest with you. We struggle every edition to find information and articles that would be of interest to you, the ARNA member. We want to hear from *you*. We want to know what *you* have to say and what *you* think. I know writing for publication is a scary thought. "What if I come across as a dweeb?" Being a dweeb isn't too bad. I've been one for years. "What if someone laughs at what I have to say?" Good job, everyone needs a laugh; it releases endorphins. "I'm not a very good writer; my grammar isn't very good." No problem, we have Shay Stephens whose editing skills make even me articulate. "What if what I write infuriates someone, and they write a letter to the editor to complain?" I say great! Controversy is what builds discussion and

dialogue. As members of ARNA we are part of a rapidly changing profession that bumps up against controversy on a daily basis. Let's talk about it. Let's share our triumphs as well as our losses. We can learn so much from each other. All we have to do is share. Take time to write down your controversy or passion in an e-mail and send it my way. We would love to put those cyber bytes out there for someone to take a bite at it. You can contact me at [simpsonjs@cox.net](mailto:simpsonjs@cox.net) I'll be looking for your opinion in my inbox.



## Secretary's Report

The ARNA Board of Directors has been busy working since the annual convention held in Phoenix. New officers and Board members have settled into their roles and various assignments. Conference calls were held in May, July, and August, and a three-day Board meeting was held in September in Atlanta, GA.

Two new task forces were formed: CRN Certification Preparation Course Task Force and the Radiology Nurse Orientation Task Force. Work has begun on a certification preparation course slated to be held on March 31, 2005, one day prior to the start of the 2005 annual meeting in New Orleans. Kathy Scheffer is serving as chair of the Task Force, and 11 members have volunteered to develop the course. Rhonda Caridi and Debra Beach, ARNA Board members, are also serving on the Task Force. Patrick Glickman is serving as chair of the Orientation Task Force, and the Task Force is gathering information to include in the orientation packet. Both of these projects are designed with the purpose to meet the needs of members while being potential revenue generating sources for the Association.

The Standards Task Force completed the revision of the *Scope and Standards of Radiology Nursing*. The standards were forwarded to the American Nurses Association's Committee on Standards for approval.

The Radiologic Nurses Certification Board (RNCB) is investigating accreditation through the American Board of Nursing Specialties. RNCB has held two test writing sessions and agreed to recertification through contact hours for 2005. The Board also approved the change of criteria to sit for the exam from working in radiology for 4,000 hours in two years to 2,000 hours in a three-year period.

Liaison relationships remain strong and active with reports received from

SIR, PAD, RSNA, AHA, AHRA, ACR, and Nursing Organizations Alliance. A potential liaison to the JCAHO was investigated and will be considered in the future.

ARNA bylaws have been in revision with the vote from the membership targeted at the 2005 annual meeting. The mission statement and goals of the association remain topics of discussion for the Board.

ARNA's two publications: *Vision* and the *Journal of Radiology Nursing* are both progressing and meeting deadline dates for publication. Membership and Board members are encouraged to submit articles for publication to help build the pool of articles available.

A strategic planning session was held for the Board in Atlanta with Glenn Tecker, a nationally recognized futurist and strategist. The Board benefited from planning and setting the vision for ARNA for the coming years. It was agreed that a strong strategic plan would enable the Association to continue to grow and advance in order to meet the challenges that many nursing organizations are facing.

ARNA membership as of October 2004 stands at 1559. The Chapter Committee reports 28 active local chapters. The ARNA Web site is undergoing revision with a launch date of December 31, 2004. It is hoped updating the Web site will be a benefit for the members as well as the local chapters.

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## Five Minutes With Patrick Glickman

Recently, *Vision* had the opportunity to participate in a "virtual interview" with Patrick Glickman, BSN, RN, CRN, Board member.

**Vision:** How do you view your role as a radiology nurse and where do you see the nursing profession going in the future?

**Patrick:** I view my role as a radiology nurse to be a combination of patient advocate and nurse anesthetist. I have always worked in the interventional section of radiology and enjoy it immensely because I came from an ICU background. I worked with patients who had open-heart surgery and enjoyed the freedom of working within physician protocols while taking care of patients. I do that all the time working in IR when I sedate and recover patients.

I see the nursing profession growing even more important in the future as resident physicians have their hours cut back and they get replaced with NPs, PAs, or the latest in this arena: the Virtual ICU. There may not be as many nurses as are needed, but their voices will be stronger.

**Vision:** Where do you see the nursing specialty in radiology going in the future?

**Patrick:** I have been a radiology nurse since the early 90s when most of our cases were arterial. We routinely performed percutaneous choleangiography and percutaneous nephrostomy. Our only venous work was with the patients on dialysis. Now cardiologists and vascular surgeons are doing their own arterial work; endoscopists are doing amazing work with ERCPs; and urologists are doing the same with cystoscopy. Our workload has evolved into providing state-of-the-art cancer treatments using chemoembolizations and radiofrequency ablations, treatment for uterine fibroids, and advanced venous access. There will be more imaging equipment in the operative suites, and I believe that we, as radiology nurses, should be the resource for other nurses who find themselves providing care in imaging environments. We should be publishing our body of work so that the OR nurses will be seeking out our literature on the care of patients undergoing image guided procedures. We are the experts in that care.

**Vision:** How do you think individual ARNA members make a positive influence on practice?

**Patrick:** It has been my experience that some radiology departments function as if they are somehow separate from the hospital. The radiology nurse is the link from the hospital to the radiology department to ensure that appropriate care is delivered and that policies and procedures are followed. You also have to do that quite tactfully because you are often the most misunderstood person on the team. You are the only person who thinks like you, and the only other people who understand your reasoning are other nurses. You also have to know that change is a slow process and it needs to be cultivated. You can accomplish a lot in delivering safe patient care when you follow the Joint Commission on Accreditation of Healthcare Organizations' (JCAHO) guidelines because everyone is compelled to do so. Implementing changes that you want to make in the delivery of safe care requires the patience of a saint.



**American Radiological Nurses Association  
(ARNA)**  
Board of Directors  
2004-2005

### President

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### ARNA Mission Statement

The mission of the American Radiological Nurses Association is to provide, promote, maintain continuity of and continuously improve patient care through service to members.

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## Five Minutes With Sophia Jan

Recently, *Vision* had the opportunity to participate in a "virtual interview" with Sophia Jan, BSN, RN, Treasurer.

*Vision:* How do you view your role as a radiology nurse and where do you see the nursing profession going in the future?

Sophia: The nursing profession offers different opportunities to meet an individual's interests from the inpatient to outpatient, from the IR suites to recovery, from administrator to practitioner.

I see radiology nursing as a specialty area and a rapidly expanding field. Currently, I am the nurse manager in the Department of Radiology at the University of Michigan Health Systems. We have over 40 nurses, a nursing supervisor, and a nurse practitioner. A second nurse practitioner is being hired. We are adding additional nursing staff.

We provide pre, intra, and post procedure care as well as patient education prior to and following intervention.

*Vision:* Where do you see the nursing specialty in radiology going in the future?

Sophia: The rapid growth of interventional and image technology enables our nursing profession to fill new roles in diagnosis and treatment of patients. The specialization requires a staff of highly trained professionals in an environment dedicated to continuing education.

*Vision:* How do you think individual ARNA members make a positive influence on practice?

Sophia: ARNA members take responsibility for the communication, teaching, and research to advance our knowledge and practice through networking, journal reading, seminars, and publications.

*Vision:* How did you become involved with ARNA?

Sophia: I joined ARNA in 1984 in order to network with other radiology nurses nationwide. Since we share similar issues and problems, working together enables us to consult and expand our knowledge and practice.

*Vision:* What journey did you take that led you to becoming a Board member of a national nursing organization?

Sophia: Since joining ARNA in its infancy, I have been an active member. By serving on various committees, planning a national conference, and finally serving as national treasurer, I have given and received enormous support, collaboration, and satisfaction.

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### Certification Examination for Radiologic Nursing in Imaging, Interventional, and Therapeutic Environments Certification Candidates - August 21, 2004

Congratulations to the following candidates who sat for the Certification Examination held August 21, 2004. They have become certified, and may now use the CRN designation until August 2008.

Sandra M. Armentrout  
Linda L. Bissen  
Sherry M. Brock  
Rebecca A. Clark  
Geraldine A. Cleary  
Michelle E. Clinton  
Trudy E. Connor  
Lucita V. DeCastro  
Debra J. Dillingham  
Sindy L. English  
Jeremy Flowers  
Sheila M. Frankenfield  
Susan I. Gaffney  
Karen L. Green  
Carolyn S. Haithcock  
Jennifer A. Hendricks

Victoria L. Hill  
Mary J. Hittner  
Catherine Hull  
Barbara J. Jones  
Cynthia R. Jorud  
Cheryl Knabb  
Nancy L. Kniivila  
Julie M. Larsen  
Pamela J. Lewandowski  
Audrey Lutrario  
Mary J. Mang  
Teresa A. Mauldin  
Avis J. Mesi  
Cathleen A. Milliken  
Janet M. Moffatt  
Marjorie A. Morley

Kimberly A. Motley  
Cynthia K. Oldaker  
Theresa V. Pottier  
Gonzalo W. Puertas  
Jean L. Pulte  
Valerie A. Rioux  
Patrick J. Ronan  
Elaine M. Smith  
Gloria Consuelo Teran  
Vern M. Washington  
Elaine M. Woerner  
AnnMarie Woolfrey  
Kathy S. Zarcone



## Certification Examination for Radiologic Nursing in Imaging, Interventional and Therapeutic Environments Recertification Candidates - August 2004

Congratulations to the following CRNs who became recertified in August 2004. This recertification is in effect until August 2008.

Helen F. Barber	Peter J. Hensler	Elaine K. Mara
Brenda K. Boots	Jeannette M. Hill	Robin A. McClelland
Deborah L. Bricker	Charlene K. Hulin	Kaylene J. Wiley
Deborah S. Floyd	Deborah A. Jaklevic	Wendy C. Williams
Kimberly A. Gaur	Diane M. Kirkbride	Melanie J. Woods
Debra D. Golding	Susan A. Loughlin	

## Certification/Recertification Guidelines Available!

The Radiologic Nursing Certification Board, Inc., (RNCB) and the American Radiological Nursing Association (ARNA) announce that revised guidelines for the certification/recertification exam in radiology nursing are now available.

An important change is that starting in 2006, those sitting for the exam for the first time must show that they have obtained 30 contact hours of continuing education in a 2-year period. Starting in 2004, candidates may choose to recertify by examination or by obtaining continuing education contact hours. Sixty (60) contact hours within a 4-year period are required to meet the contact hour requirement for recertification.

**Note: The practice hour requirement has changed. The following now applies:**

Have practiced as a licensed registered nurse a minimum of 2,000 hours in radiology nursing within the past 3 years.

The next exam will be offered August 13, 2005. The deadline for submission of applications is June 30, 2005.

Contact RNCB at [rncb@puetzamc.com](mailto:rncb@puetzamc.com) or by telephone at (866) 486-2762 or (850) 474-7292 for your copy of the certification/recertification guidelines.

## Participate in the Silent Auction

A silent auction will take place at this year's annual meeting. Silent auctions are a lot of fun, and this one is for a great cause: ARNA's Scholarship Fund. Please consider donating an item to represent a chapter, region, radiology, or the nursing profession. Items that you can donate for the auction can be art, publications, jewelry, stationery, gift baskets, or even your own handiwork. You can ship your item to the National Office in Pensacola, FL, by March 4, 2005, or bring to the ARNA registration desk at the meeting. If you have questions about what to donate or any other details about the silent auction call the ARNA National Office, toll free (866) 486-ARNA (2762) or (850) 474-7292.



## JRN Table of Contents Available by E-mail

Receive the table of contents of the *Journal of Radiology Nursing* by e-mail on the day of online publication of the journal. To receive the table of contents by e-mail, go to the JRN Web site at [www.radiologynursing.org](http://www.radiologynursing.org). Choose "Free Email Table of Contents." Type in your e-mail address in the box and click the subscribe button. You will receive an e-mail to confirm that you have been added to the mailing list.

## New Feature to Appear in *JRN*

A new feature will appear in the *Journal of Radiology Nursing (JRN)*, and we want you to participate. Share your experience with the readers of *JRN* by responding to questions that will appear regularly in the journal. Please respond to the question below:

Has the American Heart Association campaign for community awareness of the signs and symptoms for stroke caused an increase in interventional radiology ischemic stroke patients?

Send your responses to Shay Stephens, 7794 Grow Drive, Pensacola, FL 32514, or Fax (850) 484-8762.

## Members in the News

- ❖ Have you recently changed jobs or received a promotion?
- ❖ Have you received an award related to your professional responsibilities?
- ❖ Have you written an article, a chapter in a book, or an entire book that has been published recently?
- ❖ Have you received an academic honor or award?
- ❖ Are you serving in an elected or appointed position in a professional or a governmental organization?
- ❖ Are you serving in on the Board of Directors for a health-related community agency?
- ❖ Have you made a presentation at a professional conference or meeting?
- ❖ Have you recently traveled to another country to teach or learn more about your specialty?

If you can answer "yes" to any of these questions, please tell us about it. We would like to include it in our "Members in the News" column. Send your announcements to Shay Stephens, Member in the News, 7794 Grow Drive, Pensacola, FL 32514-7072, fax (850) 484-8762, e-mail [arna@puetzamc.com](mailto:arna@puetzamc.com)

## Call for Manuscripts

The *Journal of Radiology Nursing (JRN)* is looking for manuscripts on the following topics:

- ❖ Nursing Leadership
- ❖ New Procedures
- ❖ Research Studies
- ❖ JCAHO Requirements
- ❖ HIPPA
- ❖ Orientation and Competency for Radiology Nursing
- ❖ Patient Satisfaction
- ❖ Moderate Sedation
- ❖ Radiation Safety
- ❖ Magnetic Resonance Imaging
- ❖ Management of Lines
- ❖ Drug Eluting Stents
- ❖ Multidisciplinary Approach to Team Building in Interventional Radiology
- ❖ PI Efforts
- ❖ Infection Control Policies
- ❖ Budget and Financial Strategies
- ❖ Patient Safety Issues
- ❖ Role of the PA and ARNP in Interventional Radiology
- ❖ Patient Teaching Techniques in Interventional Radiology

For assistance in developing an idea or writing a manuscript, contact Shay Stephens at 7794 Grow Drive, Pensacola, FL 32514, (866) 486-ARNA (2762), fax (850) 484-8762, or e-mail [klstephens@puetzamc.com](mailto:klstephens@puetzamc.com) We're eager to hear from you!

# 2005 ARNA Annual Educational Meeting Fast Approaching

Make plans to attend the ARNA Annual Educational Meeting, March 31-April 5, 2005, in New Orleans, LA. The Ernest N. Morial Convention Center is the main site for the Society for Interventional Radiology (SIR) meeting, exhibits, and the Association of Vascular and Interventional Radiographers (AVIR). The ARNA Educational Meeting will be held at the Hilton New Orleans Riverside at Two Poydras Street, a short walk from the convention center.

## Hotel

In the "center of it all," the newly renovated Hilton New Orleans Riverside is on the banks of the Mississippi River with easy access to everything New Orleans has to offer. This full service luxury complex is actually a "city within itself."

The Riverwalk Marketplace (140+ shops and food outlets) is at the hotel's doorstep, as are Harrah's Casino, the Aquarium of the Americas, the IMAX Theatre, and the French Quarter. With 3 restaurants, 3 lounges, 2 gift shops, a full-service business center, CC's Coffee House, 2 outdoor pools, and the Rivercenter Racquet and Health Club with 6 indoor tennis courts and more, it definitely happens at the Hilton. And it's all under one roof!

## Sessions

The joint ARNA/AVIR sessions will be held on Friday, April 1. The sessions will be held at the convention center in rooms 295 and 296. The Networking Luncheon will also be held in the convention center. Remember you must register to attend this ticketed event.

SIR registration is included with the ARNA registration fee. In addition to the ARNA program, the fee also includes participation in SIR symposia, plenary sessions, scientific sessions, workshops, and the SIR opening reception on Friday, April 1.

At the ARNA meeting there will be 13 General Sessions and 2 Concurrent Sessions. There will be something for everyone.

## Travel

Association Travel Concepts (ATC) has been selected as the official travel agency for the 2005 ARNA Annual Educational Meeting.

By calling ATC you will receive 10-15% off airline tickets purchased more than 60 days prior to your travel dates. For tickets purchased less than 60 days prior to the travel dates, the discount will be 5-10%. Discounts apply for travel 7/18/05 through 7/27/05.

ATC also offers:

- ❖ Lowest fares on ANY airline flights
- ❖ Advance seat assignments
- ❖ Special advance meal requests on airline flights
- ❖ Frequent flier programs
- ❖ Electronic ticketing
- ❖ E-mail access for convenient booking of tickets



To take advantage of these great rates, please call between the hours of 8:00 a.m. and 8:00 p.m. (Central Standard Time) Monday through Friday, (800) 458-9383, fax (858) 362-3105, e-mail [reservations@assntravel.com](mailto:reservations@assntravel.com), online [www.assntravel.com](http://www.assntravel.com)—for company name enter ARNA and for member log in enter New User.

See you in New Orleans!

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*(Five Minutes With Patrick Glickman, continued from page 3)*

**Vision:** How did you become involved with ARNA?

Patrick: I was a nurse for 7 years before I took my first job as *the* radiology nurse at Graduate Hospital in Philadelphia. I was comfortable with my nursing skills but as far as tailoring care to patients, I soon realized I was flying by the seat of my pants. Issues started to arise as to what the role of the nurses was during cases in which they were sedating patients. Mind you, my role then was one of giving the first dose of Midazolam and Meperidine and then scrubbing in for the case. I did all my documentation at the end of the case and then called report to the unit. The section chief, Arnold Chait, told me about ARNA, and I started to attend some meetings and conferences to get information so I could change my role at my hospital.

**Vision:** What journey did you take that led you to becoming a Board member of a national nursing organization?

Patrick: My next job was as assistant nurse manager at Temple University and, after a successful JCAHO inspection, I was promoted to nurse manager. I started to get involved locally, serving on the board and hosting conferences. Temple sent me to the ARNA meeting in San Antonio where I began to meet other radiology nurses from across the country. I also was in contact with Lynn Reid, who was a Board member at that time, and she would often tell me how interesting it was in being involved with ARNA. I moved to the Hospital of the University of Pennsylvania a few years later, became president-elect of the local ARNA chapter, and met the other chapter presidents and national Board members at the conference in Utah. I always had it in the back of my mind that it would be exciting to put my name in for election to the ARNA Board but thought, "Why would anyone vote for me?" With a little prodding I did submit my name when I realized that I, like every ARNA member, have something to offer to the organization. I want this group to grow as our profession grows, and I'd like our group to be the resource for patient care in imaging environments.

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*(Secretary's Report, continued from page 2)*

The Scholarship Committee is revising the application process to enable greater participation from members.

The revision of the Core Curriculum, with Colleen Sasso's leadership, continues to work on chapter development and revision. Chapter captains have been designated and drafts have been submitted for first review.

The Nominating Committee, with Kate Little as Chair, has solicited members to run for upcoming vacant positions of President Elect, Secretary, and Board member. Candidate biographical information is being collected so a ballot can be mailed out to the membership in January.

The Planning Committee is completing program development and speaker designation for the 2005 ARNA Annual Meeting in New Orleans. Thirty-two abstracts were received. GE Healthcare has agreed to sponsor the opening speaker and the opening joint session will focus on Legends in Radiology.

The Board continues to meet monthly and a winter board meeting will be held in January to continue to work on advancing ARNA's projects and goals and to finalize plans for the 2005 annual meeting.

Kathy Scheffer, MN, RN, CRN  
Secretary

Recruitment materials (a table top display, membership brochures, and copies of *RN News*) are available for your next meeting, conference, or continuing education activity. Contact the National Office at least 6 weeks before the date needed to arrange for shipment of these display materials.

***Start making your plans now to celebrate Radiology Nurses Day on April 12, 2005.***